



**Awards Nomination Form**

Check ONE box to indicate award nomination

|  |  |
|--|--|
| <input type="checkbox"/> <b>Averill-Grant</b><br><br>Established in 1990, this award is given to non-coaching person(s) for ongoing "behind the scenes" devotion and selfless contribution of time and effort on behalf of XC and T&F. The award is named to honor Alice Averill and Nancy Grant whose support of their husbands' (Lee Averill, Jack Grant) programs through scoring, announcing and summer camps. <i>Award Deadline: XC 10/1, TF 12/1</i> | <input type="checkbox"/> <b>Head Middle School /Junior High Coach of the Year</b><br><br>Given to a junior high head or assistant coach who has <i>coached and been a MITCA member at least five years</i> ; and has been nominated by his/her head/assistant coach, with the support of the athletic director, principal, an opposing coach or parent. It is possible to receive this award once <i>every eight years</i> . Indicate if nominee is Head or Assistant Coach.<br><i>Award Deadline: XC 10/1, TF 12/1</i><br><br><input type="checkbox"/> <b>Asst.</b> |
| <input type="checkbox"/> <b>Finish Line</b><br><br>To recognize ongoing contributions, support and assistance on behalf of XC and T&F, this award honors individual person(s) and their respective media employer(s) including radio, TV, magazines and newspapers.<br><i>Award Deadline: XC 10/1, TF 12/1</i>   | <input type="checkbox"/> <b>High School Assistant Coach of the Year</b><br><br>Given to the assistant coach who has <i>coached and been a MITCA member at least five years</i> ; and has been nominated by their head coach with support of the athletic director, an opposing coach or parent. It is possible to receive this award once <i>every eight years</i><br><i>Award Deadline: XC 10/1, TF 12/1.</i>   |
| <input type="checkbox"/> <b>Ambrose Award</b><br><br>This award is in recognition of the recipient's outstanding service to the sport of <u>cross country</u> , their school, the association, and the recipient's community. It is given to someone who epitomizes the definition of "Coach". <i>Award Deadline 10/1</i>  | <input type="checkbox"/> <b>Sweeney Award</b><br><br>This award is in recognition of the recipient's long and outstanding service to the sport of <u>track and field</u> , the association, and their community. It is given to someone who epitomizes the definition of "Coach". <i>Award Deadline 12/1</i>   |

**Nominee Information**

|  |     |        |                |  |
|--|-----|--------|----------------|--|
| Name of Nominee                        |     | School |                |  |
| Name of Nominating Coach and phone no. |     |        |                |  |
| Sport<br>(circle one)                  | T&F | XC     | Years Coaching |  |
| MITCA Member?<br>(circle one)          | Yes | No     |                |  |

**Include a letter of recommendation to support your nomination.**

Send or Fax to:  
 Work 734.439.5063  
 Fax 734.439.5084

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 c/o Steve Porter  
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