



MITCA DIVISION 3 TEAM STATE CHAMPIONSHIP

HOSTED BY: MANTON

Saturday, May 23rd, 2026

SCORING:

- The team state format is a unique format for any new teams. Everyone who competes matters. Clear a bar or hurdle, make a throw or jump, cross the finish line—you are scoring for your team. Individual point finishes are determined by the number of teams times three entries. Finishers descend by one to last place, which earns one point.
- Example: 12 teams = 36 points is given to individual event firsts, then 35 for second, then 34, etc. Relays are double scored, then descend by increments of 6. Example: in a 12-team format, 72 is for relay firsts, then 66 for second, 60, etc.

RESULTS:

- Live results by Michianatiming will be available at [FATResults.com](https://www.fatresults.com)

ADDRESS:

- Manton Athletic Complex
- 100 Sturtevant Street, Manton, MI, 49663

ADMISSION:

- \$10 for all spectators

CONTACT INFORMATION:

- Trevor Thiebaut
 - tthiebaut@mantonschools.org
- Jeff Harding
 - jharding@mantonschools.org
- Scott Bender
 - sbender@mantonschools.org

OFFICIALS:

- Brett Spalding, Bill Henning, Mike Wolf, Jill Baker-Cooley

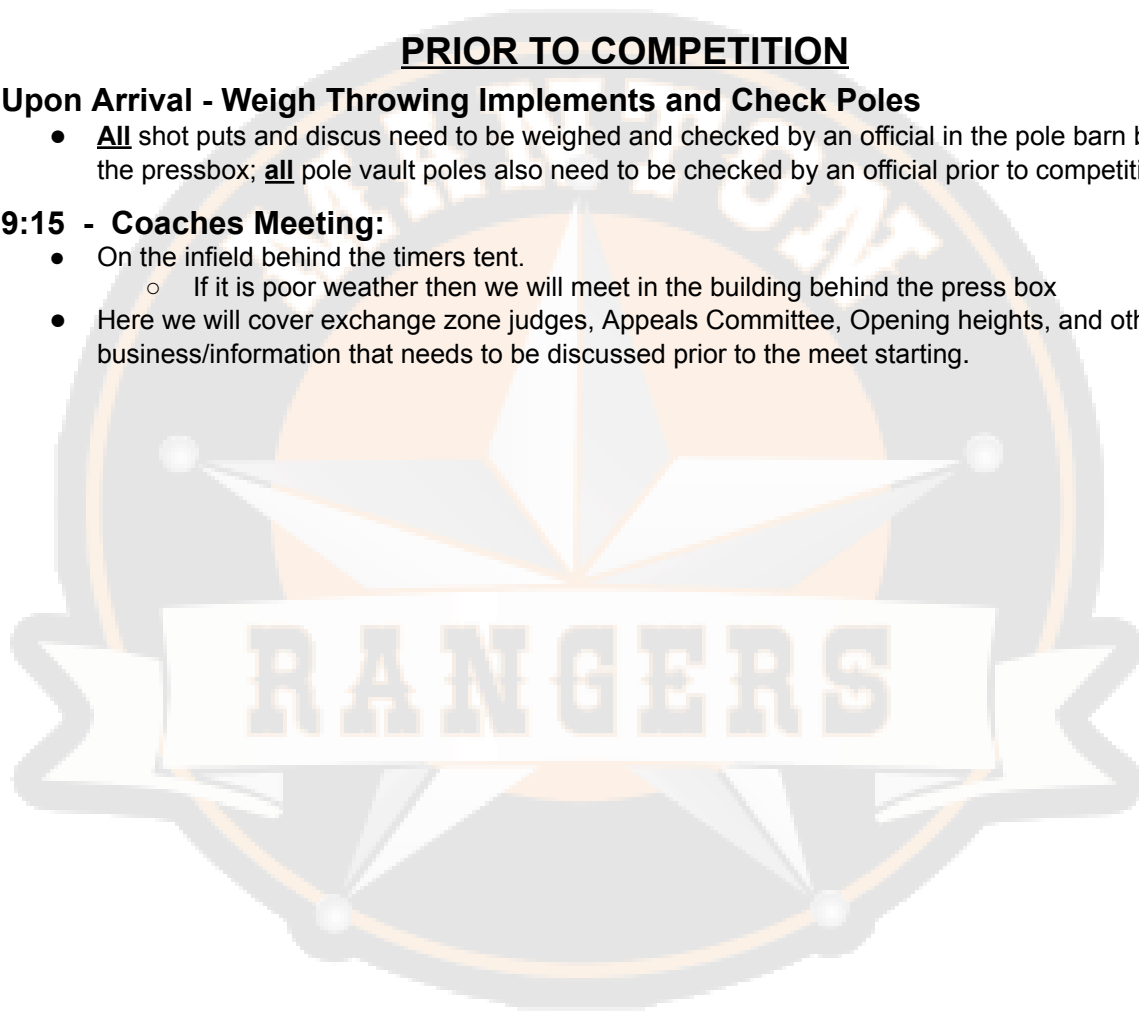
PRIOR TO COMPETITION

Upon Arrival - Weigh Throwing Implements and Check Poles

- **All** shot puts and discus need to be weighed and checked by an official in the pole barn behind the pressbox; **all** pole vault poles also need to be checked by an official prior to competition.

9:15 - Coaches Meeting:

- On the infield behind the timers tent.
 - If it is poor weather then we will meet in the building behind the press box
- Here we will cover exchange zone judges, Appeals Committee, Opening heights, and other business/information that needs to be discussed prior to the meet starting.



FIELD EVENTS

10:00 - Start of All Field Events

- Boys shot put 4 throws (2+2) without finals
 - Please ensure shot puts are weighed and checked by an MHSAA official prior to competition
 - Only one ring will be used
 - Opposite gender will begin approximately 30 minutes after completion of the first gender
- Girls discus 4 throws (2+2) without finals
 - Please ensure discus are weighed and checked by an MHSAA official prior to competition
 - Only one ring will be used
 - Opposite gender will begin approximately 30 minutes after completion of the first gender
- High jump; “5 Alive” will be used
 - There will be two mats used; one for boys and one for girls
 - Please look out for an email as to which mat will be used which gender leading up to the meet
 - Please refer to the opening heights below.
- Pole Vault; “5 Alive” will be used.
 - There will be two mats used; one for boys and one for girls
 - Please look out for an email as to which mat will be used for which gender leading up to the meet
 - Please refer to the opening heights below.
- Long jump. Open pit 90 minutes—4 jumps without finals
 - We will be running two long jump runways at once: Orange pit and Black pit.
 - Boys will be on the orange pit
 - The orange pit will be our original long jump pit closest to the big gate and parking lot
 - Girls will be on the black pit
 - The black pit will be our new long jump pit that is closest to the orange/black pole vault mat
 - There will be signs marking which pit is which

Additional Field Event Information

- We use a laser measuring system for shot put, discus, and long jump; this has been tested countless times and is approved by the MHSAA
- Video footage will not be accepted to overturn faults and scratches in events like long jump or shot put. Please inform your parents/spectators of this as well.
- We use iPads for recording field events so all results will be live
- Field event workers are volunteers. They do a great job of ensuring the meet runs efficiently and the way it is supposed to; please be respectful.

Pole Vault and High Jump Raises

	Opening	ALL ADDITIONAL RAISES
Girls HJ	4'2"	First TWO raises will be 3" and all other raises will be 2" until competition dictates (1" raises)
Boys HJ	5'2"	First TWO raises will be 3" and all other raises will be 2" until competition dictates (1" raises)
Girls PV	6'0"	First THREE raises will be 9" and all other raises will be 6" until competition dictates (3" raises)
Boys PV	8'6"	First THREE raises will be 9" and all other raises will be 6" until competition dictates (3" raises)

RUNNING EVENTS

11:00 - FINAL RUNNING EVENTS:

- GIRLS RUN FIRST IN ODD YEARS, BOYS RUN FIRST IN EVEN YEARS.

11:30 - PARADE OF ATHLETES

- Begin on the back stretch in alphabetical order

12:00 - FINAL RUNNING EVENTS

- All finals will begin with the Boys 110m Hurdles

ORDER OF EVENTS -

1. 4x800m Relay
2. 110m Hurdles and 100m Hurdles
3. 100m Dash
4. 4x200m Relay
5. 1600m Run
6. 4x100m Relay
7. 400m Dash
8. 300m Hurdles
9. 800m Run
10. 200m Dash
11. 3200m Run
12. 4x400m Relay



ADDITIONAL INFORMATION

EVENT REGISTRATION & DEADLINE(S): You are allowed 3 entries per running event and 3 entries per field event.

ENTRIES ARE DUE: WEDNESDAY, May 20th @ 8:00 pm

Preliminary seedings will be sent to schools and adjustments may be made until Thursday at 12:00 (noon)

Day-of substitutions will be allowed for a one-for-one without reseeding until the 10:30 AM scratch deadline. After this deadline, each team may exercise up to **four** substitutions in individual events because of injury or illness. Relay legs can be substituted any time and do not count against the above limits. WE MUST BE NOTIFIED IN THE PRESSBOX PRIOR TO THE START OF AN EVENT.

ALL TIMES, HEIGHTS, DISTANCES, AND ENTRIES MUST BE MARKS ACHIEVED DURING THE 2026 MHSAA TRACK AND FIELD SEASON! NO RELAY SPLITS OR MARKS NOT ACHIEVED DURING THE SEASON IN A MEET.

REMINDERS ON MEET INFO:

- **3 ENTRIES PER RUNNING EVENT & 3 PER FIELD EVENT**
- **ONE RELAY TEAM PER RELAY EVENT**
- **Entries will be done online with Athletic.net**

CONCESSIONS AND FOOD:

- There will be concessions for sale
- MANY OPTIONS!
- Cash only
- We also have some amazing local businesses who offer great food options like Three Oh Eight and Mini Mart that are both just down the road
 - Three Oh Eight
 - (231) 429-6099
 - 308 W Main St, Manton, MI, 49663
 - Mini Mart
 - (231) 824-3752
 - 305 W Main St, Manton, MI, 49663

AWARDS:

- Trophies for first and second place
- Medals for the first and second place teams

PARKING:

- Due to the number of schools attending our meet, after buses drop athletes off. Please have your drivers park your team bus across the road at the wastewater treatment facility.

T-SHIRTS AND APPAREL:

- There will be meet t-shirts for sale through MONEYBALL
- Many options!!!
- Can order ahead of time online as well

OTHER:

- Starting blocks will be provided
- Infield
 - Coaches only on the infield unless an athlete is warming up for an events
 - No team camp areas on the infield
- Tent Area
 - There will be a designated tent area outside of the track area. Please do not set up tents in non tent areas.
- Event calls will be first call, second call, and last call like all other meets
- Chalk is to be used on the track and field event areas for marking

