

# MITCA D3 TEAM STATE CHAMPIONSHIP

May 24, 2025

Clare High School

**\*Directions:** 670 Ann Arbor Trail, Clare, MI 48617

*\*Note: our track is NOT at the high school*

**\*\*Facility CLOSED the Day Before (5/24) For Setup\*\***

Meet Management: Rob Wise, AD

Officials: Rudy Godefroidt, Dale Brecht, Phil Ouelette, John Musslin

## *Running Schedule:*

8:00 AM – Coaches packets available in the Alternative Building – behind home side bleachers  
(Complimentary breakfast provided)

8:30 AM to 9:55 AM – Shot/Discus weigh-in (Green shed next to visitor’s bleachers)

9:00 AM – Coaches Meeting/Alternative Building

9:30 AM – HJ Starts (One Pit) (Gils opening at 4-2—first two raises are 4”, then 2”)  
(Boys opening at 5-3—first two raises are 4”, then 2”)

10:00 AM – Boys/Girls Vault  
(Two Pits) (Boys opening at 9-0—first raise is 1 foot, then two at 9”, then 6”)  
(Girls opening at 6-0—first raise is 1 foot, then two at 9”, then 6”)

Girls Shot Put 4 total throws—no finals (Boys begin 30 minutes after girls)

Boys Discus 4 total throws—no finals (Girls begin 30 minutes after boys)

Boys Long Jump 4 total jumps—no finals (Open pit 10 AM—11:30 AM)

Girls Long Jump 4 total jumps—no finals (Open pit 12PM—1:30 PM)

**FIELD EVENT SCRATCHES – IMMEDIATELY UPON ARRIVAL  
ONCE SHEETS HAVE BEEN SENT DOWN AND THERE’S A LATE SCRATCH, DO AT EVENT**

## **10:30 AM—ALL RUNNING SCRATCHES DUE TO PRESSBOX**

11:00 AM—3200 Relay (Girls, then boys)

11:30 AM—Parade of Champions—Team Flags and Mascots welcome

11:55 AM—National Anthem

12:00 PM—Finals Begin

12:00 PM—Complimentary lunch for coaches, Alternative Building/Pavilion area

**Timers/Timing:** Clare High School/FAT, Finish Lynx/RunMeet (Athletic.net)

**Results:** Available throughout the meet at Athletic.net as events are processed

**Admission:** \$10.00 at the gate. Go Fan: <https://gofan.co/event/3235275?schoolId=MI10317>

**Parking:** we will not be charging. Buses will be given prime parking in case of inclement weather. Buses should park near the tennis courts. In case of inclement weather – return to buses or potential access to our new Turf Room.

**Concession:** Clare Sports Boosters

**T-Shirts:** Team State Gear available via Moneyball

## Scoring:

The team state format is a unique format for any new teams. Everyone who competes matters. Clear a bar or hurdle, make a throw or jump, cross the finish line—you are scoring for your team. Individual point finishes are determined by the number of teams times three entries. Finishers descend by one to last place, which earns one point.

Example: 12 teams = 36 points is given to individual event firsts, then 35 for second, then 34, etc. Relays are double scored, then descend by increments of 6. Example: in a 12-team format, 72 is for relay firsts, then 66 for second, 60, etc.

## Day-of Substitutions

Day-of substitutions will be allowed for a one-for-one without reseeding until the 10:30 AM scratch deadline. After this deadline, each team may exercise up to four substitutions in individual events because of injury or illness. Relay legs can be substituted any time and do not count against the above limits. **WE MUST BE NOTIFIED IN THE PRESSBOX PRIOR TO THE START OF AN EVENT.**

## Check-In's/Check-Out's

We will allow ample time for check-in's/check out's. We will try to re-seed when we can. No guarantees. Late scratches may result in empty lanes.

## Coaches Boxes for Photo/Video Review Between Trials:

Look for the endzone markers or areas near a respective field event—

- \*Opposite ends of vault runways
- \*Opposite ends of long jump runways
- \*Near HJ on infield
- \*Between visitor's bleachers (backside) for throws

## Bus Drop/Off – Parking

Buses will be parked in in limited spacing in the Visitor's parking lot. Once spaces are full, park at the tennis courts.

## Spectator Parking

Visitor's/Home side parking lots. *Note: the senior center behind the home side bleachers is off limits. Any vehicles parking in this area will be towed.*

## Tents

Around the perimeter of the track.

## Track and Turf

In-field/Track surface: No balls, frisbees, games of any kind on the infield. No tape of any kind. No seeds. No clear plastic bottles. They act as magnifying glasses on our turf. **IMPORTANT**—Saturday is traditionally one of the hotter days of the season. It is imperative that the kids stay hydrated. . . and with hydration comes empty bottles everywhere. We are also going to be generous with people on the infield—if they can handle the heat. Our turf holds heat well, and for safety purposes announcements may be made to clear it out for your own good. **Coaches may give water to their athletes during the distance races (emphasis during the 3200) without fear of infractions by the officials. You are free to administer your own water, though additional water will be provided.**

## Misting/Water Station.

North end of the track by bullpen. Use frequently if needed.

**Trainer:** On-site.

