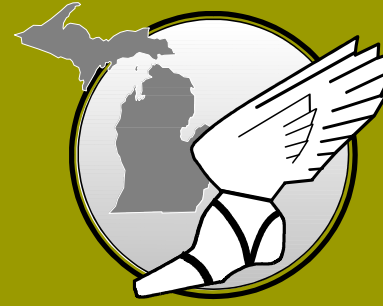


# 2024 MITCA Track & Field Clinic Highlights

Congratulations to our award winners.  
Best of luck this spring.



*MITCA is pleased to recognize the following award winners.*

*Page 2 Sweeney and Hall of Fame Inductees*

*Page 3 Hall of Fame Inductees and Coach of the Year*

*Page 4 Coach of the Year Nominees*

*Page 5 & 6 Regional Coach of the Year Winners*

*Page 7 2023 MITCA Mr/Ms Track & Field*

*Page 8 2023 MHSCA Coach of the Year Winners*

*Page 9 2023 Academic All State Team Champions,  
Scholarship Winners, and Special Award  
Winners.*

*Page 10 Prediction Run Results, MITCA Election Results,  
MHSCA award forms.*

*Page 11 2024 Ambrose 101 Club Members and Donor Form*

*MITCA thanks to all the coaches who attended  
the 2024 Track and Field Clinic  
and we hope you'll return again next year*

# Congratulations MITCA Hall of Fame Inductees

## Larry Adams Rochester High School 2024 Hall of Fame Charles Sweeney Award Winner



*Coach Larry Adams tops this year's awards list as the 2024 Sweeney Award recipient. The Sweeney Award is named after one of the MITCA Founding Fathers, Charles Sweeney, and is the highest honor given at the Track Clinic. Larry has coached for over 40 years, spending time at Rochester and Clarkston High School, coaching both track and cross country. His teams have won multiple conference and regional championships and two State Championships at Rochester, 2007 in Cross Country and 2010 in Track and Field. His athletes have brought home 30 All State honors in cross country and 39 in Track. Larry has years of service to MITCA as both an event coach and director of the Team Michigan and the MidWest Meet of Champions.*

*Congratulations Coach Adams!*

**Coach Bobby Glenn coached for over 25 years with coaching stints at Detroit Cooley, Cass Tech, and Dearborn Divine Child. His boys track record stands at 50-3 and the girls are 100-0. His teams combined for 12 League Championships, 16 Track Regional Titles and 5 Regional Championships in XC. His teams have broken the top ten 10 times including four Runner-Up and a State Championship in 1978. Bobby has coached over 100 individual All State Athletes and 25 High School All Americans. He has 7 MITCA Coach of the Year nomination and was named Coach of the Year in 1978. He was Coach of the Year for the MHSCA in 1988 and a National Coach of the Year Finalist that same year. Congratulations Coach Glenn!**



**Bobby Glenn Detroit Cass Tech  
2024 Hall of Fame Inductee**

# Dave DeCou Marcellus 2024 MITCA Hall of Fame Inductee

We welcomed Dave DeCou into the MITCA Hall of Fame. Dave coached for 48 years all at Marcellus High School. 48 years as boys track coach, 31 as the boys and girls cross county coach and 30 as the Athletic Director. His boys track teams won 10 SAC Conference Championships and two Regional Titles. They qualified for the Team State Meet 7 times placing in the top ten 4 times. Coach DeCou coached 121 Individual All State Athletes including several State Champions. Dave was selected Regional Coach of the Year several times, was a State Coach of the Year nominee in 1986 and served on the MITCA Track Committee for two terms. His favorite quote "If you want to run faster, run faster"  
Congratulation Coach DeCou!



## 2023 MITCA Coach of the Year Winners



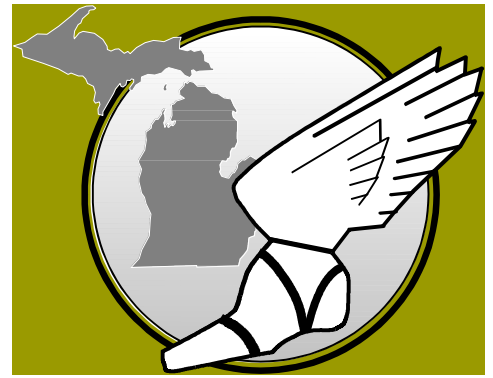
← 2023 Women's Coach of the Year  
right to left:  
D4 Jolie King Buckley,  
D3 Calvin Ackley Hart,  
D2 Michael Dykstra East Grand Rapid

2023 Men's Coach of the Year →  
right to left:

D1 Todd Rose St. Joseph,  
D2 Jeff Sawyer Corunna,  
D3 Asa Kelly Benzie Central



# 2023 MITCA Track and Field Coach of the Year Winners



***\* Winners bold/underlined***

## **Division 1**

### **Boys Team**

**St. Joseph**

Rockford

Ann Arbor Huron

Detroit U-D Jesuit

East Kentwood

Zeeland West

### **Coach**

**\*Todd Rose**

Sean O'Brien

Andre Bouldin

Carl Brock

Dave Emeott

Phil Hoover

## **Division 1**

### **Girls Team**

**Oak Park**

Detroit Renaissance

Farmington Hills Mercy

Rockford

East Kentwood

### **Coach**

**\*Brandon Jiles**

Calvin Johnson

Michael Montijo

Sean O'Brien

Stephanie Stephenson

## **Division 2**

### **Boys Team**

**Corunna**

Mason

Forest Hills Eastern

Whitehall

Frankenmuth

### **Coach**

**\*Jeff Sawyer**

Eric Haynie

Ty Starling

Kirk Mikkelson

Luke Sheppard

## **Division 2**

### **Girls Team**

**East Grand Rapids**

New Boston Huron

Otsego

GR Christian

Shepherd

### **Coach**

**\*Mike Dykstra**

Danielle Lobato

Justin Scott

Doug Jager

Carey Hammel

## **Division 3**

### **Boys Team**

**Benzie Central**

Pewamo-Westphalia

Hart

Ottawa Lake Whiteford

Clare

### **Coach**

**\*Asa Kelly**

Scott Werner

Ken Kimes

Jay Yockey

Adam Burhans

## **Division 3**

### **Girls Team**

**Hart**

Olivet

Lansing Catholic

Hillsdale

### **Coach**

**\*Calvin Ackley**

Brian Lincoln

Tim Simpson

Clay Schiman

## **Division 4**

### **Boys Team**

**Kalamazoo Hackett**

Reading

Wyoming Potter's House

Flint Beecher

Fowler

### **Coach**

**\*Charissa Dean**

Barrie Gostlin

Kris Koster

Joseph Wilkerson

Brett Schafer

## **Division 4**

### **Girls Team**

**Buckley**

Portland St. Patrick

Fowler

Hillsdale Academy

### **Coach**

**\*Jolie King**

Dawn Fedewa

Jill Feldpausch

Mike Roberts

# 2023 MITCA Regional Coach of the Year D1 & D2

Reg #	Division 1 Girls Coach's Name	School	Division 1 Boys Coach's Name	School
1	Diane Goss	Traverse City West	Jason Morrow	Traverse City West
2	Sean O'Brien	Rockford	Sean O'Brien	Rockford
3	Stepanie Stevenson	East Kentwood	Dave Emeott	East Kentwood
4	Fred Hutchinson	Grand Ledge	Amanda Bell	Brighton
5	Wendy Szuminski	Saline	Al Leslie	Saline
6	Tim Dalton	Northville	Tim Dalton	Northville
7	Diane Montgomery	Gross Pointe North	NO AWARD	
8	Darnell Hall	Detroit Renaissance	Carl Brock	University of Detroit Jesuit
9	Jenny Parker	Walled Lake Northern	Nebojsa Stojkovic	Walled Lake Central
10	Michael Buslepp	Romeo	Megan Berry	Utica
Reg#	Division 2 Girls Coach's Name	School	Division 2 Boys Coach's Name	School
11	MaLinda Martin-Baker	Cadillac	Joseph Rodriguez	Freeland
12	Marina Samp	Spring Lake	Kirk Mikkelson	Whitehall
13	Ty Starling	Forest Hills Eastern	Matthew Putnam	East Grand Rapids
14	Justin Scott	Ostego	Jonathan Rodriguez	Berrien Springs
15	Jack Gadwood	Battle Creek Harper Creek	Eric Haynie	Mason
16	Phillip Speare	Monroe Jefferson	Tammy Francis	Adrian
17	Randy Williams	Dearborn Divine Child	Randy Williams	Dearborn Divine Child
18	David Wilson	Detroit Country Day	David Wilson	Detroit Country Day
19	Jason Castle	North Branch	Brian Bearss	Yale
20	Michael Snyder	Frankenmuth	Luke Sheppard	Frankenmuth

# 2023 MITCA Regional Coach of the Year D3 & D4

Regi#	Division 3 Girls Coach's Name	School	Division 3 Boys Coach's Name	School
21	Kyle McKown	Clare	Adam Burhans	Clare
22	Calvin Ackley	Hart	Asa Kelly	Benzie Central
23	Michael VanDyke	GR West Catholic	Phillip Friesner	North Muskegon
24	Mike Meyer	Lawton	Mike Meyer	Lawton
25	Clay Schiman	Hillsdale	Chad Thelen	Constantine
26	Josh Powers	Adrian Madison	Jay Yockey	Ottawa Lake-Whiteford
27	Rick Bray	Madison Heights Bishop Foley	Rick Bray	Madison Heights Bishop Foley
28	Janet Fornair	Wixom St. Catherine	Ronald Abner	Charyl Stockwell Prep
29	Brandon Gnatkowski	Reese	Jeff Schember	Caro
30	Brian Lincoln	Olivet	Scott Werner	Pewamo-Westphalia
Reg#	Division 4 Girls Coach's Name	School	Division 4 Boys Coach's Name	School
31	Alivia Murphy	Harbor Springs	Josh Hofbauer	Harbor Springs
32	Ed Schindler	Frankfort	Jolie King	Buckley
33	Kristopher Koster	Wyoming Potter's House Christian	Kristopher Koster	Wyoming Potter's House Christian
34	Andy Wood	Gobles	Charissa Dean	Kalamazoo Hackett Catholic
35	Michael Roberts	Hillsdale Academy	Barrie Gostlin	Reading
36	Dawn Fedewa	Portland St. Patrick	Brad Long	Morrice
37	Jill Feldpausch	Fowler	Brett Schafer	Fowler
38	Steve Linn	Deckerville	Mike Peter	Unionville-Sebewaing
39	Bryan Allen	Genesee	Joe Wilkerson	Flint Beecher
40	Casey Livingston	Whitmore Lake	Todd Crouch	Southfield Christian

**2023 MITCA Ms. Track & Field Award**

**Nonah Waldron Oak Park**



**2023 MITCA Mr. Track & Field Award**

**Hunter Jones Benzie Central**





## 2023 MHSCA Coach of the Year

The following MITCA coaches were recognized on November 12, 2023 and are eligible for regional and national Coach of the Year honors.

### Track-Boys

#### ASA KELLY

Benzie Central

- 3 Boys State Championships,
- 2 Girls State Championships,
- 1 Boys Runner Up, 3 Girls Runner Ups,
- 1 Boys Track State Championship,
- 1 Girls Track State Championship,
- 1 Boys Track Runner Up, 3 Girls Track Runner Ups, 2
- Girls MITCA Team State Champions,
- 3 Girls MITCA Runner Ups

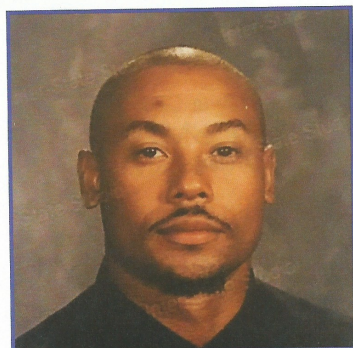


Asa is the 2024

National Federation

Mid-West Sectional

Coach of the Year



### Track-Girls

#### BRANDON JILES

Oak Park

- 7 MHSAA Division 1 State titles,
- 2 MHSAA Division 1 Runner Ups,
- 9 MHSAA Regional titles

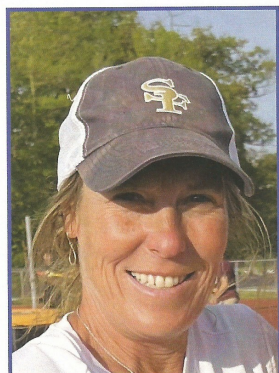


### Cross Country-Boys

#### ERIC SWAGER

Chelsea

- 2 State Titles, 2 Runner Up, 16 Top Ten,
- 12 Regional titles, 10+ League titles.
- 21 year streak qualifying for the State meet.



### Cross Country-Girls

#### JULIE DUFFING

Traverse City St. Francis

- 28 Invitational Wins, 8 Conference Titles,
- 8 Regional Championships,
- 3 State Championships

Julie is the 2024

National Federation

Mid-West Sectional

Coach of the Year





## 2023 MITCA Track & Field Academic All-State Team Champions

D-1 Boys	Caledonia	3.95
D-1 Girl	Traverse City West	3.96
D-2 Boys	Dundee	3.94
D-2 Girls	Spring Lake	3.979
D-3 Boys	Traverse City St. Francis	3.972
D-3 Girls	Chippewa Hills	3.984
D-4 Boys	Hackett Catholic Prep	3.909
D-4 Girls	Hackett Catholic Prep	3.986

## MITCA Track & Field Special Awards and Recognition

### 2024 Scholarship Winners (3 @ \$500)

Aidan Behmer - University of Michigan

son of Coach Kevin Behmer– Ann Arbor Huron

Dolan Gonzales – Grand Valley State University

son of Coach Derek Gonzales - Saline

Joel Ewald – Eureka College

son of Coach Michelle Ewald – Roscommon

### Other Special MITCA Awards

Tom Brown - Northville Assistant Coach of the Years

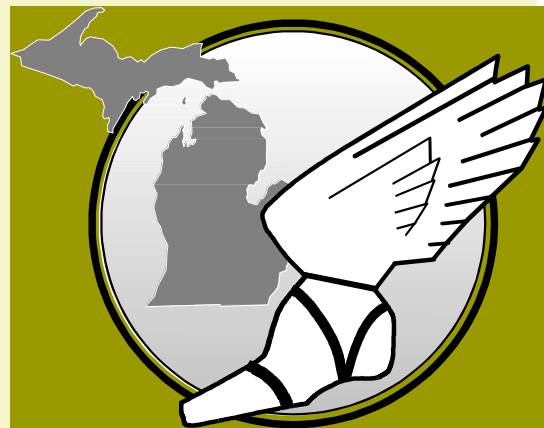
Jeff McCune - East Kentwood Assistant Coach of the Year

Tim Marsh – Grand Ledge Averill-Grant Award.

*Forms for future Special Awards and Scholarships are available*

at [www.mitca.org](http://www.mitca.org)

page 9



# 2024 MITCA Track Clinic Prediction Run

1/27/24

3.66 mi.

Crowne Plaza Hotel

Lansing, MI

Sponsored by Kevin Behmer and Ann Arbor Race Timing

Race Pl	Finish Pl	name	Predicted Time	Finish Time	Time Diff
5	1	Shane Iverson	31 40	31 37	00:03.0
6	2	Mary Pray	35	34 46	00:14.0
7	3	Sarah Furman	34	34 47	00:47.0
3	4	Garret Zuk	27 30	26 20	01:10.0
1	5	Lara Marrison	27 30	26 17	01:13.0
2	6	Asa Kelly	27 45	26 19	01:26.0
4	7	Doug Jager	31 0	28 19	02:41.0
8	8	Cam Ward	46	34 48	11:12.0

## Results from Executive Board Election

**President: Jacci Storey of Jenson**

**1<sup>st</sup> Vice President: Cliff Somers of Fremont**

**2<sup>nd</sup> Vice President: Josh Vork of Zeeland East**

**and congratulation to our new Secretary**

**Grant Woodman of Carson City Crystal**

**MHSCA Hall of Fame Form If you're in the MITCA Hall of Fame please submit this form for the "All Coaches Associations" Hall of Fame. The MITCA Hall of Fame counts as one of the two letters of recommendations.**

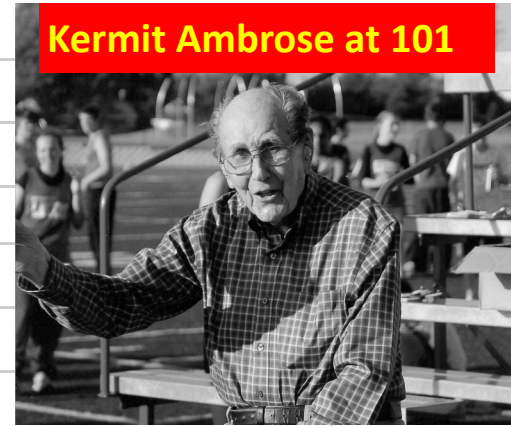
**MHSCA Awards for Longevity 10-50 years. \*note two forms to submit. Application Form and Documentation**

# Kermit Ambrose 101 Club (it's not too late!) see form below

## 2024 Ambrose 101 Club as of 2/4/24

Kevin Behmer
Chris Elsey
David Farley
Rob & Judy Johnson
Doug Jager
Steve Linn
Tom MacNaughton
Tony Magni
Philip Mahar
John Makinen
Lou Miramonti

Jim Okler
Steve Porter
Mike Raffin
Brian Salyers
Clay Schiman
Kim Spalsbury
Edward Stanbury
Stephanie Stephenson
Josh Vork
Brian Wilson
Grant Woodman



**Special thanks to the above 2024 donors. Your generosity has helped fund Team Michigan for over 10 years. The Ambrose 101 Club has raised over \$75,000. Please reply to Steve Porter by returning the 101 Club form below**

Please detach and return with your donation.

Please make your check out to: MITCA, Ambrose 101 Club

**Return to: Steven Porter - MITCA PR**

**1250 Mooreville Rd.**

**Milan, MI 48160**

**State Non-Profit Identification Number: 705219**

**Federal Identification Number : 38 2493122**

name \_\_\_\_\_

home phone \_\_\_\_\_

address \_\_\_\_\_

e-mail \_\_\_\_\_

city \_\_\_\_\_, state \_\_\_\_\_ zip code \_\_\_\_\_

amount of donation \$101.00 or \_\_\_\_\_

