



**MITCA DIVISION 1
TEAM STATE CHAMPIONSHIP
Friday, May 26th**

Location: Zeeland Stadium, 9900 Riley Street, Zeeland, MI 49464
Meet manager: Josh Glerum, Zeeland East, Athletic Director
Officials: Starter - David Mellendorf
Starter - Jerry Haggerty
Referee - Brian Burtch

Order of Events

11:00am	Gates Open
12:00pm	Coaches Meeting
12:30pm	All scratches due
1:00pm	1st session scratches due at the timers tent
1:00pm	Boys/Girls Pole Vault (dual pits)
1:30pm	Field Events
	Boys discus/girls shot
	Girls discus/boys shot
	Girls high jump/boys high jump (dual pits)
	Boys long jump/girls long jump (dual pits)
2:00pm	Girls 3200 Relay Final
	Boys 3200 Relay Final
2:30pm	Parade of Athletes
2:55	National Anthem
3:00pm	Finals
	Girls 100m/Boys 110m Hurdles Finals
	Girls/Boys 100m Dash Finals
	Girls/Boys 4 x 200m Relay
	Girls/Boys 1600m Run
	Girls/Boys 4 X 100 Relay
	Girls/Boys 400m Dash
	Girls/Boys 300m Hurdles
	Girls/Boys 800m Run
	Girls/Boys 200m Dash Finals
	Girls/Boys 3200m Run
	Girls/Boys 4 X 400m Relay



- Entry times:** Times from this MHSAA season only. No relay splits as individual seeds.
- Team entry fee:** None
- Entries:** Three entries per individual event. Preliminary entries must be received by Tuesday, May 23rd at 8:00pm. Preliminary seeding will be sent to schools and adjustments may be made until Wednesday, May 24th at 12:00 noon.
- Results/Awards:** MITCA will provide trophies and 30 medals to the winning and runner-up teams. These will be awarded on the field at the completion of the meet. There are no individual medals.
- Admission:** Gates open at 11:00am. There will be no passes and all tickets are to be purchased through GOFAN. The GOFAN ticket link can be found here: <https://gofan.co/app/events/988340?schoolId=MI10180> All tickets will be \$7.
****Tickets need to be validated by gate workers on site for entrance****
- Stadium rules:** Zeeland Stadium is an alcohol and tobacco free facility. All in attendance will be expected to follow these rules.
- Concession/restrooms:** Will be available at the visitors entrance and on the southeast corner of the stadium.
- Athletic Trainer:** There will be athletic trainers on site throughout the day.
- Locker room:** There are no locker room facilities available - come dressed for competition.
- Merchandise:** MITCA Team Invitational T-shirts and merchandise will be on sale on. Please notify your athletes.
- Team parking:** Vans, cars and smaller vehicles will park in the lot to the East (visitor lot) of the stadium. Any busses, RV's or other large vehicles park at Zeeland East.
- Team tents:** Tents are allowed along the fence on the south end of the stadium, along the visitor side of the track, and along the fencing by the pole vault area.

****See attached diagram. Yellow Lines represent where tents can be set up.****



Results:	Results will be posted online at: https://live.michianatiming.com/
Timing Systems:	Michiana Timing
Team check-in:	Opens at 11:00a – Concession Stand on the south side of the stadium
Spikes:	¼in. spikes only
Starting blocks:	Blocks will be provided. If you bring your own blocks, they must be approved by the meet manager or meet referee. You are responsible for your blocks.
Infield:	No one, except coaches, will be allowed on the football field during the meet unless you are warming up for the next event.
Pressbox:	The press box is a restricted area. If you have any questions, address them to the clerk, the finish line judge or the meet manager. Always approach the timing area from the REAR as to not interfere with on going events
Radios/speakers:	Radios etc. will not be permitted. Only personal music devices are allowed however no ear buds may be worn inside the track. No frisbees, footballs etc.
Scoring:	All athletes score. Points in the individual events will have the number of teams times three for the winning performance and a one point reduction for each successive place. Example: 10 teams would score 30-29-28-27.....-3-2-1. Eight teams would be 24-23-22-21.....-3-2-1. Relays are scored by taking the individual event winner points times two and then subtracting six points for each successive place. Example: 10 teams would be 60-54-48-42-.....-12-6. Eight teams would be 48-42-36-.....-12-6.
Event calls:	Will be first call, second call, and last call. If the athlete has not reported when the heats or sections are formed, he/she will be scratched.
Late scratches:	If an athlete is not scratched prior to an athlete's position being set in a field or running event, then the athlete will be disqualified from that event and it will count toward his/her 4-event limit.



- Chalk:** Chalk is to be used for marking on the track and field event areas. No other items will be allowed on the runways or track.
- Meet format:** All Running Events----No preliminaries. Final places will be based totally on time from heats. Fully automatic timing (FAT) will be used. Heats will be slowest to fastest.
- Shot Put/Discus** Four throws, no finals. Flights will be arranged in reverse order of entered performances.
****Weigh-in will be on the south end of the stadium behind the concession stand****
- Long Jump:** Four jumps in open order. 90 minute time limit. No finals.
- Pole Vault:** Starting Heights- Boys - 10' Girls - 6'9"
First raise is 1'
The next two raises are 9"
All successive raises are 6"
- High Jump:** Starting Heights - Boys - 5'4" Girls - 4'5"
First two raises are 4"
Each successive raise is 2"
- Relay Entries:** 4 athletes must be specified on entries, but may be substituted on the day of.



2023 MITCA D1 TRACK AND FIELD MAP



Yellow lines = team tent areas

- 1. Entrances**
- 2. Shot Put**
- 3. Pole vault**
- 4. Long Jump**
- 5. Disc**
- 6. High Jump**



Zeeland East High School | 3333 96th Avenue | Zeeland, MI 49464 | 616.748.3100

2023 MITCA Division 1 PARKING MAP



Stadium Address: 9900 Riley Street, Zeeland, MI 49464

Parking reminders: Areas in yellow are spectator parking
Bus parking is at Zeeland West High School. See the two starred areas on the map.