

## **Leo J. Foley**

### **Personal:**

Married to Barbara, six adult children. Ten Grand children. Reside in Livingston County, Michigan

### **Professional:**

Track and Cross Country Coach at Luke M. Powers Catholic High School in Flint, Michigan. Head Track Coach, Men and Women since 2008. MITCA member for many years.

MHSAA Track and Cross Country Official.

Self-employed Attorney, specializing in Bankruptcy and Estate Planning .

### **Accomplishments:**

Runner up finishes at the State meet in Girls Division 2 in 2016 and Boys Division 2 in 2021. Have qualified athletes to the State meet every year since 2008. Five regional championships, Saginaw Valley Championships in 2018 and 2022. Saginaw Valley Men's COY for 2018, and 2022.

Genesee all area COY for 2018 and 2022. Numerous All-State Athletes and Academic All-State. Individual state champions in the shot put, discus, 100 meter and 3200 meter relay.

11 school records have been set.

37 athletes have gone on to compete at various collegiate levels.

### **Future:**

Plan to continue coaching. Plan to advance the sports of Track and Cross Country. I think an MHSAA State Team Championship similar to the Mitca Team States is a bad idea. I would like to see relays weighted more heavily at meets especially Regionals and States.