



Academic All State

Individual Eligibility

- Must compete at the state finals
- All athletes that finish in the top half of field and have a 3.5 or higher are **eligible to apply**.
- Top 30 athletes from the field are selected based on GPA and state finals place
- The following athletes are ***automatically recognized*** as Academic All State
- Any athlete with 4.0 ***regardless of place***
- Any athlete with a 3.8 and finishing in top half of field
- Any athlete with a 3.5 in top 30
- No freshman or exchanges students are eligible**

Team eligibility

- Must compete at state finals
 - No freshman or exchanges students are eligible**
 - Top team GPA by division receive a plaque at the MITCA clinic
 - Teams with avg. of 3.5 or higher receive 9 certificates (7 for athletes, 1 for coach, 1 for school)
 - Teams with avg. of 3.0-3.5 receive 2 certificates (1 for coach and 1 for school)
- Website to submit -

<http://mitca.org/MITCA/mitca-awards/cross-country-academic-all-state/>

All Grades must be on a 4.0 grading scale. If you use a 5.0 scale for any classes, these must be converted prior to submitting (see school guidance counselor for proper conversions)

The following grading scale MUST be used (converted from 5.0 as necessary). AN A- DOES NOT = A 4.0. If this grading scale is not used by your school, you must convert your athlete's current GPA to reflect this scale.

A = 4.0 A- = 3.7 B+ = 3.3 B = 3.0 B- = 2.7 C+ = 2.3 C = 2.0 C- = 1.7 D+ = 1.3
D = 1.0 D- = 0.7

ALL GRADES MUST BE SUBMITTED WITHIN 3 DAYS AFTER COMPLETION OF MHSAA STATE FINALS (Tuesday by 8pm - no exceptions)