MITCA Track & Field Clinic Highlights

James Okler

Grosse Ile High School

Named 2018 Hall of Fame Sweeney Award Winner

The Sweeney Award is named after one of the MITCA Founding fathers, Charles Sweeney, and is the highest honor given at the Track Clinic. James Okler of Grosse Ile High Schools joins our Hall of Fame Inductees as the 2018 Sweeney Award recipient. Coach Okler has provided a great amount of service to our organization. He has served on several MITCA committees, spent five years as a member of Executive Board, and was MITCA President in 1999. Jim is the current Executive Director of the MHSCA (all sports coaches association) and was the National Coaches Association National President in 2010. He is the recipient of the MHSCA Distinguished Service award and most recently received the Dwight T. Keith Award, the highest national award that the National High School Athletic Coaches Association can bestow upon an individual. He is also the MIAAA Athletic Director of the Year. Coach Okler is the current Athletic Director and an Assistant Track at Grosse Ile High School. Jim started his coaching career at New Boston Huron High School as both the track and cross country coach.

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James Okler
Grosse Ile

2018 Scholarship Winners : **Patsy Arpino Scholarship** (2 x@ $500.00)

Myra Zarnek daughter of **Steve Zarnek** of Grosse Pointe South attending Wayne State

Clarie Supinowski daughter of **James Supinowski** of Quincy attending Grand Valley

Kermit Ambrose Scholarship (1 x@$500.00)

Isaiah Keeler son of **Jason Keeler** of Marion attending the University of Michigan

Nominating forms for Special Awards and Scholarships

are available at www.mitca.org

MITCA Track & Field Clinic Highlights

MITCA welcomes Hall of Fame Track & Field Coaches

Pat Bolda and Kirk Mikkelson

Pat Bolda / Ubly
2018 Hall of Fame Inductee

Coach Pat Bolda is entering her 40th year of coaching, mostly at **Ubly HS**. Pat's stellar record includes back to back state championships in 2006 and 2007. Her teams have finished in the top ten at state six times. She has won nine regional titles and five conference championships. Coach Bolda was MITCA Coach of the Year in 2006 and 2007 and a COY Finalist in both 2004 and 2005. In 2007 Pat was the MHSCA Coach of the Year, the NFHS Sectional COY, and a National Coach of the Year Finalist

Coach Kirk Mikkelson has an outstanding 24 year coaching record at **Whitehall HS.** His boys track team won a state title in 1996 and finished top 10 two other times. He has six regional championships and 21 (14 straight since 2004) conference championships to his credit. At the Team State meet his teams have finished top five five times. Kirk was MITCA Coach of the Year in 1996 and a COY Finalist in both 1999 and 2008.

Kirk Mikkelson / Witehall
2018 Hall of Fame Inductee

The Milan Girl's Track team members take a break at the hotel. MITCA would like to thank the girls for their service at the clinic.

Men's Track & Field Coach of the Year (left to right) Jeff Erickson . .Whittemore Prescott D-4, Clay Schiman . . Hillsdale D-3, Ralph Neal . . Zeeland East D-2, Dave Emeott . . East Kentwood D-1

Women's Track & Field Coach of the Year (left to right) Todd Crouch . . Southfield Christian D-4, Josh Powers. . Adrian Madson D-3, Rex Wilkes . . Lansing Waverly D-2

2017 Track and Field COY Awards

2017 Boys Coach of the Year Nominees

Winners Underlined

Division 1

Dave Emeott - East Kentwood

Robert Lynch - Oak Park

Andy Martin - Rockford

Brian Harrod - Okemos

Division 2

Ralph Neal - Zeeland East

Dave Pike - Lansing Waverly

Jim Hassett- Lake Odessa Lakewood

Jason Beldyga -Corunna

Kristopher Koster- Grand Rapids Christian

Division 3

Clay Schiman - Hillsdale

Jerry Drake - Frankenmuth

Tim Simpson - Lansing Catholic

Adam Burhans - Clare

Division 4

Jeff Erickson - Whittemore Prescott

Mike Kloss - Harbor Springs

Mike Roberts - Hillsdale Academy

Ernie Ayers- Sand Creek

2017 Girls Coach of the Year Nominees

Winners Underlined

Division 1

Nancy Boudreau - Ann Arbor Pioneer

Stephanie Stephenson - East Kentwood

Randy VanderVeen -Rockford

Tamara Kemp - Greenville

Division 2

Rex Wilkes - Lansing Waverly

Josh Vork- Zeeland East

David Wilson-Detroit Country Day

Doug Jager- Grand Rapids Christian

Laura Dahlquist - Cadillac

Division 3

Josh Powers - Adrian Madison

Tim Simpson -Lansing Catholic

Carey Hammel- Shepherd

Mindy Whitney - Hart

Michael Snyder –Frankenmuth

Division 4

Todd Crouch -Southfield Christian

Jill Feldpausch - Fowler

Tom Dyer -Springport

Brian Smith -Pittsford

Michigan High School Coaches Association 2017 Coach of the Year:

These coaches were honored on Sunday, November 12, 2017 at the MHSCA Coach of the Year Banquet at the Lansing Ramada and are eligible for regional and national honors.

Congratulations to : Men's Track and Field: **Ralph Neal / Zeeland East High School**

Women's Track and Field: **Rex Wilkes / Lansing Waverly High School**

Rex is a NHSACA National finalist and will be honored in South Dakota this summer.

Men's Cross Country: **Scott Werner / Pewamo-Westphalia High School**

Scott is a NFHS Sectional Coach of the Year and a NHSACA National finalist and will be honored in South Dakota this summer.

Women's Cross Country: **Steven Long / Otsego High School**

Steven is a NFHS Sectional Coach of the Year and a NHSACA National finalist and will be honored in South Dakota this summer.

U.S. Track & Field and Cross Country Coaches Association 2017 Michigan Coach of the Year:

Congratulations to : Men's Cross Country: **Don Sleeman /Ann Arbor Pioneer**

Women's Cross Country:**Terry Tatro / Hart**

Men's Track and Field: **Ralph Neal / Zeeland East High School**

Women's Track and Field: **Josh Powers / Adrian Madison**

Visit www.MITCA.org

for all your Track & Field and Cross Country coaches information.

Mr. Track Khance Meyers—East Kentwood HS

100- 10.43 - all time state record
200- 20.78 2nd all time to Marshall Dill
Midwest Meet of Champions Star of Stars
New balance All American
2017
MHSAA winners
100,200,4x2
MITCA winners
100,200,4x200, 4x400
2016
MHSAA winners
100,200, 4x200
MITCA winners
100,200,4x200
Attending Hinds Community College

Ms. Track and Field Tamea McKelvy – Oak Park HS

Personal Best
60 Meters - 7.59
100 Meters - 11.81
200 Meters - 23.90 (23.82 wind aided)
4x400m relay split (53.7)
14 time MHSAA All State
9 time MHSAA State Champion
part of 3 MHSAA team titles and 1 runner up.
2016 - 100m (2nd), 200m (3rd), 4x100m relay (1st),
4x200m relay (1st)
2017 - 100m (3rd), 200m (1st), 4x100m relay (1st), 4x200m relay (1st)

7 Time New Balance Outdoor Nationals All American
2014 - Sprint Medley Relay
2015 - 4x200m Relay, Sprint Medley Relay (State Record, 3:56.35)
2016 - 4x200m Relay, Sprint Medley Relay
2017 - 4x200m Relay, 4x400m Relay

Tamea is attending University of Texas (Austin)

The Mr. & Ms. Awards are sponsored by Recognition Inc.

1025 W. Territorial Rd. Battle Creek, MI 49015 1-866-968-1865

MITCA Track & Field Clinic Highlights

Welcome to the Carnival

This was MITCA's first attempt to introduce some extra fun into Thursday nights hospitality. Members could participate in bull riding, basketball shooting, bungie run, obstacle course, and a euchre tournament, all while enjoying a sandwich, chips, and a beverage.

At left: Hall of Fame Coach Mike Woolsey , stayed on the "Bull" the longest. Mike rode for over 2 minutes, but got off when the operator threatened to turn the machine on.

Winners of Carnival Night

Bull Riding
Joe Oconnell 41.3 seconds
Chris Scott 33.2 seconds

Basketball shooting
Kevin Bouchard 35
Mike Timpa 34

Bungie Run
Mitchell Trobaugh
Nick McDonald

Euchre
Jackie and Erin
The Muskrats - Dan Shafer and Derek Nutter

Whitmore Lake Coaches Sweep
Left to Right: Kevin Bouchard (basketball) Joe Oconnell (bull) and Mitchell Trobaugh (bungie)

The Carnival

I was extremely pleased to see how everyone enjoyed themselves at our first ever carnival. Anytime we do something new it is an anxious moment to see how it goes over with the attendees. I want to thank the board for allowing me to try this, and trusting me that it could work. The compliments from the participants and those watching was a pleasant surprise. Again I cannot thank all of you enough for supporting our wonderful organization and it was a pleasure to give back to you with the carnival, sandwiches and laughter.
Will we do the carnival again? I believe we will continue doing something special on Thursday nights and do as much as we can as our budget allows.

The Hotel

I hope everyone enjoyed the hotel as much as I did in dealing with their sales staff. They were so helpful and went out of their way to make us feel welcomed. The beds were comfortable, the rooms clean, the restaurant was awesome and they provided lunch and breakfast at reasonable rates. If we can reach agreeable financial considerations it would be nice to make the Crown Plaza our home for many years to come. **Kernie Gilliam MITCA Clinic Coordinator**

2018 MITCA Track and Field Clinic by the numbers

7081 . . . dollars (new record) donated to the Kermit Ambrose 101 Club funds. Funds will be used for Team Michigan and the Ambrose Scholarship. It's not too late to donate.

Ambrose 101 Club Information and forms available on page 10.

658 . . . Number of members in attendance at the clinic.

501 . . . Members that pre-registered for this years clinic.

244 . . . Number of pages in the clinic notes.

157. . . Members registered at the door.

152 . . . Members who enjoyed the Thursday Night Carnival.

108 . . . New MITCA members at the clinic.

100 . . . Percent of the coaches that enjoyed the clinic and new venue.

60 . . . .Clinic number (60th annual)

26 . . . Vendors in attendance

16 … New Coach of the Year award winners.

10 . . . Carnival Trophy Winners

3 . . . $500 scholarships given to MITCA members college students.

3. . . Members receiving awards this summer at the NHSACA National Coaches Convention in Sioux Falls, SD.

Women's Track and Field: **Rex Wilkes / Lansing Waverly High School**

Men's Cross Country: **Scott Werner / Pewamo-Westphalia High School**

Women's Cross Country: **Steven Long / Otsego High School**

2 . . . New members inducted into the MITCA Hall of Fame.

Congratulations **Pat Bolda / Ubly and Kirk Mikkelson / Whitehall**

1 . . . New Sweeney Award winner: **James Okler / Grosse Ile**

2018 MITCA Track Clinic Prediction Run 1/27/18							3.66 mi.
Crowne Plaza Hotel, Lansing, MI							
Sponsored by Kevin Behmer and Ann Arbor Race Timing							
Race Pl	Finish Pl	name	Predicted Time		Finish Time		Time Diff
1	1	Brock Holtsclaw	22	15	21	48	00:27.0
3	2	Brandon Wallace	23	12	22	33	00:39.0
13	3	Chad Milletics	33	8	32	15	00:53.0
4	4	Wes Diener	24		23	5	00:55.0
19	5	Chuck Childress	48	30	47	33	00:57.0
6	6	Chris Elsey	25	52	24	47	01:05.0
10	7	Steve Rogers	26	40	27	46	01:06.0
9	8	Glen Maylath	25	55	27	7	01:12.0
18	9	Joddie Gould	38	44	37	32	01:12.0
17	10	Kelly Piepzyk	38	46	37	31	01:15.0
8	11	Erica Aittama	26	45	25	29	01:16.0
15	12	Chad Coolman	34		35	32	01:32.0
2	13	Lucas Wolthuis	20	30	22	2	01:32.0
12	14	Brian Salyers	31	12	29	29	01:43.0
11	15	Lisa Shaw	30		28	15	01:45.0
5	16	Asa Kelly	26	27	24	33	01:54.0
7	17	Charlie Detmar	22	16	25	4	02:48.0
14	18	Rick Shaw	36		33	10	02:50.0
16	19	Jessica Green	33		36	4	03:04.0

MITCA Track and Field Clinic Election Results

President… Greg Miller

1st Vice President… Kyle McKnown

Clinic Coordinator... Kernie Gilliam

2nd Vice President... Stephanie Stephenson

Secretary… Doug Jager

Political Liaison… Steve Linn

2018 Kermit Ambrose 101 Club Members

as of 2/7/18

Gold Ambrose 101 Club Member $500 Donation

LOU MIRAMONTI

Greater Lansing Convention Bureau

Silver Ambrose 101 Club Member $200 Donation

STEVEN LINN

TONY MAGNI

STEVEN PORTER

Ambrose 101 Club Member $101 Donation

AITTAMA	ERICA	MCKINNON	MICHELLE
ALDRICH	GORDON	MICALLEF	TOM
BILSBORROW	JIM	MIFSUD	TONY
BLACKLEDGE	DEAN	MILLER	DAVID J
BOZE	BRIAN	MUNCH-KOHN	BARB
BUCHANAN	SANDRA	MYSZKOWSKI	JERRY
CERESA	CHRISTOPHER	NILSSON	PAUL
CHILDRESS	CHARLES	OKLER	JAMES
COMEAU	MEL	OVERBEY	KENT D
DICKMANN	DONALD	PASTULA	PATRICK
ELSEY	CHRIS	RITSEMA	ROBERT L
EMEOTT	DAVID	ROGGENBAUM	DAN
FARLEY	DAVID	SAGE	DALE
GILLIAM	KERNIE	SALYERS	BRIAN
GLOVER	ROBERT	SCHOLLAR	KATHLEEN
GONZALES	DEREK	SODERMAN	JOHN
JAGER	DOUGLAS	SPALSBURY	KIM
JANKE	CHARLES	SPINA	CARL M
JOHNSON	ROB & JUDE	STARK	ROBERT
KETELHUT	LYNN	STEPHENSON	STEPHANIE A
LASCESKI	JERRY	STRITE	JON
LESLIE	ALLAN	UNGER	MIKE
LINN	MARTHA	WATSON	BENJAMIN L
LOBER	JOHN	WILSON	BRIAN
LUTZKE	MITCHELL S	WILTSE	LARRY
MAKINEN	JOHN	WOLBERT	DAVE
MARSH	DON	ZARANEK	STEPHEN
MASON	KEVIN		

Thank you to the above members for their generous contributions.
The Ambrose 101 funds will help support the Ambrose Scholarship and
the Mid West and Mid East Meet of Champions.

Kermit Ambrose 101 Club (it's not too late!) page 10

Dear MITCA Member,

As a MITCA member, I'm not sure you are aware of the legacy Kermit Ambrose left on our organization and the running community. Kermit was the founding father of MITCA, President, Secretary, News Letter Editor and President Emeritus. Kermit passed away five years ago after a glorious 101 years. MITCA would not be the fine organization it is today if not for the service of Kermit Ambrose. The MITCA Executive Board would like to help honor and continue Kermit's memory by establishing the Kermit Ambrose 101 Club and Kermit Ambrose Foundation. Kermit lived 101 years, so we are seeking contributions of $101.00 to match his dedication to the MITCA origination. Your contributions will be used to help fund Team Michigan to compete at the Midwest Meet of Champions (track & field), the Mideast Meet of Champions (cross country), and the Kermit Ambrose Scholarship. Both championship meets and teams are underfunded and the Executive Board has made this a priority for the future. Kermit was instrumental in establishing these meets as a MITCA responsibility and it is only fitting that the support of this organization comes in his name. Your contributions are tax deductible and our identification numbers are listed below. Last year the Ambrose 101 Club raised over $6,000.00.

If you return the form below with a $101.00 donation and are attending the Cross Country Clinic you will receive a Ambrose Chocolate Sundae at the Coach of the Year Banquet. This treat will only be available for members of the Kermit Ambrose 101 Club. When checking in at the clinic please stop at the Ambrose 101 Club table for your ribbon.

Thank for your support,

Steven R. Porter	State Non-Profit Identification Number :	705219
MITCA Public Relations	Federal Identification Number :	38 2493122

Kermit Ambrose 101 Club and Foundation Donation Form (please detach and return with your donation)

Please make your check out to: MITCA, Ambrose 101 Club

Return to: Steven Porter MITCA PR

1250 Mooreville Rd.

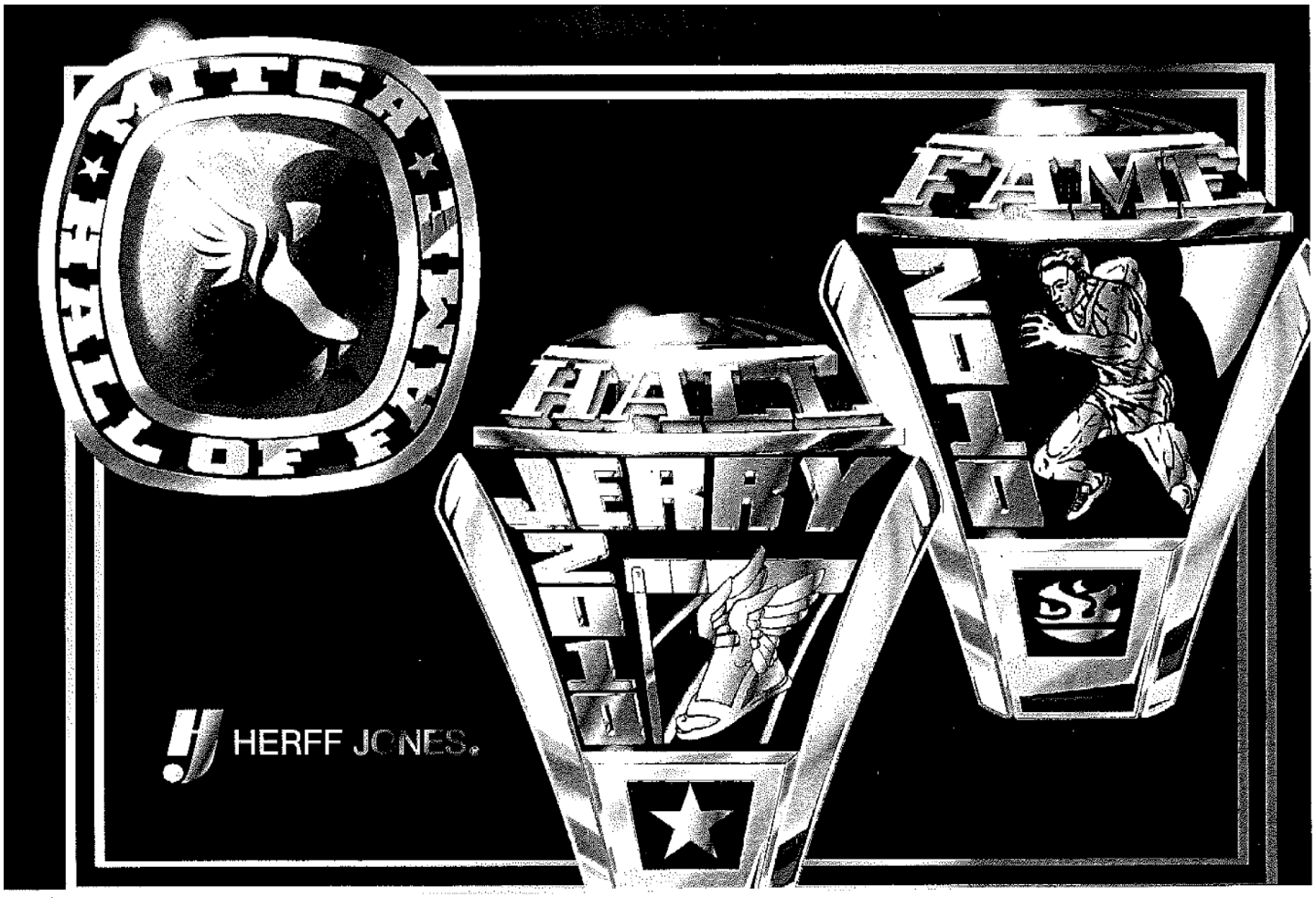
Milan, MI 48160

name _____ home phone_____

address_____ e-mail _____

city_____, state_____ zip code_____

New MITCA Hall of Fame Ring



MITCA Hall of Fame rings are available through Graduate Service Detroit a Herff Jones company. They are available in men's and women's sizes. Any MITCA Hall of Fame (this includes Ambrose, Sweeney, Hall of Fame Track and Cross Country inductees) member interested in purchasing a ring, or a school group wishing to purchase a ring for an inductee or Hall of Fame member should contact:

Bonnie Lancaster
Graduate Service Detroit
4938 Dewitt Suite 200
Canton, MI 48188
734-725-5743
highschool.herffjones .com or bonnie@hjdetroit.com