



Emily Kloss

Harbor Springs

<u>2009 Season Data</u>	to vote for → 4[A]
Regional Place:	1
Final Place:	1
Number of All-State Runners:	4

Season and Career Highlights

Emily has been coaching a total of thirteen years, eleven of them as head coach at Harbor Springs. No stranger to top ten finishes at the Final Meet, this is Emily’s sixth making for a nearly 0.500 “batting average”. What does one do to follow-up last years’ state championship? That’s easy, place even more orange and black jerseys in the top thirty places. This year’s four all-state runners made Harbor Springs the obvious state championship team even before the score was calculated.

Wright Wilson

Royal Oak Shrine

<u>2009 Season Data</u>	to vote for → 4[C]
Regional Place:	1
Final Place:	6
Number of All-State Runners:	1

Season and Career Highlights

Wright has been coaching a total of fourteen years, eleven of them as head coach at Royal Oak Shrine. A 21 point Regional meet win brought the Knights back to the MHSAA Final meet where their sixth place finish matched that of last year. This years’ win was not automatic as three runners graduated from the ’08 team. Depth is key to such repeat success and as the second team with all seven across the line, blue and gold are bound to be at MIS again next year.

Jeff Harding

Manton

<u>2009 Season Data</u>	to vote for → 4[B]
Regional Place:	1
Final Place:	2
Number of All-State Runners:	3

Season and Career Highlights

Jeff has been coaching a total of three years, all as head coach at Manton. Clearly, Jeff has been an impact coach as the Rangers have run to three regional championships, placed nine all-state athletes, and never placed lower than third at the MHSAA XC Final Meet.

Angelina Bauer

Saugatuck

<u>2009 Season Data</u>	to vote for → 4[D]
Regional Place:	1
Final Place:	3
Number of All-State Runners:	1

Season and Career Highlights

Angelina has been coaching a total of six years, four of them as head coach at Saugatuck High School. Since taking the head position, her teams have won three consecutive conference championships, one regional championship and been to the state finals each of those years. Last years’ seventh place finish was good, this years’ third place finish was the best in school history.



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Grant Lofdahl

Allendale

<u>2009 Season Data</u>	to vote for → 5[A]
Regional Place:	1
Final Place:	2
Number of All-State Runners:	3

Season and Career Highlights

Grant has been coaching a total of seven years, three of them as head coach at Allendale. In his time at Allendale, Grant has led the Falcons to three undefeated seasons, conference champions in each. As regional champs this year, the scarlet and white ran to the best finish, 2nd place, under Lofdahl; a one place improvement from last year. Three all-state runners this year includes a three-time state champion who only gets better with time.

Traci Kelly

Benzie Central

<u>2009 Season Data</u>	to vote for → 5[B]
Regional Place:	1
Final Place:	3
Number of All-State Runners:	2

Season and Career Highlights

Traci has been coaching for five years; this is her first year as head coach at Benzie Central. Taking over for the legend, Eldon "Pete" Moss, Traci did not disappoint as she led the Huskies to an undefeated season including seven invitational victories, conference and regional titles. This matches EXACTLY Pete's record of last year. Traci, however, bettered Pete with one more all-conference runner and one more regional medalist than last years' team.

Dean Blackledge

Hanover-Horton

<u>2009 Season Data</u>	to vote for → 5[C]
Regional Place:	1
Final Place:	1
Number of All-State Runners:	5

Season and Career Highlights

Dean has been coaching a total of thirteen years, all of them as head coach at Hanover-Horton. This years' team made the quantum leap from a fifth place Final Meet finish in '08 to this years' first place finish. Of course, with FIVE, count them, five all-state runners first place is inevitable. Dean's team has a string of sixty-five consecutive dual meet victories, three regional and five top-ten finishes.

Mike Woolsey

Jackson Lumen Christi

<u>2009 Season Data</u>	to vote for → 5[D]
Regional Place:	2
Final Place:	5
Number of All-State Runners:	3

Season and Career Highlights

Mike has been coaching a total of thirty-one years, all of them as head coach at Jackson Lumen Christi. Over the past three decades, Mike has run his girls to a 223-20 dual meet record; 14 regional championships; 5 Final Meet runner-ups, and 8 Final Meet championships. Eighty percent of Mike's visits to the Final Meet have resulted in a top-ten finish. This year's three all-state runners brings his total count to twenty-nine.



John Wismer

Bridgman

<u>2009 Season Data</u>	to vote for → 6[A]
Regional Place:	1
Final Place:	2
Number of All-State Runners:	2

Season and Career Highlights

John has been coaching a total of 6 years, all of them as head coach at Bridgman High School. John chose teaching as a career as way to fulfill his passion to coach cross country. In 2004, John finally had a chance to do that, coaching both boys and girls. That passion has manifested itself over the past three years with progressively better state final finishes of thirteenth, seventh, and this years' runner-up effort. As John's teams have gotten progressively faster, setting new school records for fastest team times each of the last three years, this years' finish along with five invitational wins, comes as no surprise.

Doug Baird

Hesperia

<u>2009 Season Data</u>	to vote for → 6[C]
Regional Place:	2
Final Place:	7
Number of All-State Runners:	1

Season and Career Highlights

Doug has been coaching a total of fifteen years, all of them as head coach at Hesperia, as a matter of fact he has been the only coach at Hesperia, starting the team in 1995. In this time, Doug's teams have established a 72-11 dual meet record and have qualified to the Final Meet nine times finishing in the top-ten eight times. Doug's coaching does not stop here - wrestling season is just around the corner.

David Jordon

Concord

<u>2009 Season Data</u>	to vote for → 6[B]
Regional Place:	1
Final Place:	1
Number of All-State Runners:	3

Season and Career Highlights

David has been coaching a total of ten years, all of them as head coach at Concord High School. This years' state championship was dramatically earned with the one-two punch of two yellow-jackets taking first and second at Saturday's meet. Aside from state finals success, the purple and gold won every invitational entered this season, been conference champs each of the last four seasons and regional champs the last two years. Thirteen all-state athletes in ten years marks David as a very productive coach.

Daniel Brunk

Potterville

<u>2009 Season Data</u>	to vote for → 6[D]
Regional Place:	1
Final Place:	4
Number of All-State Runners:	2

Season and Career Highlights

Daniel has been coaching a total of twelve years, all of them as head coach at Potterville High School. Coming off a state championship year is never easy, especially when one graduates their number one and three with a number seven that was running just under nineteen minutes. The Vikings, however, returned to the 2009 season with a vengeance, again running as conference and regional champs. This years' Final Meet finish clearly demonstrates the pride of the maroon and gold.



Asa Kelly

Benzie Central

<u>2009 Season Data</u>	to vote for → 7[A]
Regional Place:	1
Final Place:	1
Number of All-State Runners:	0

Season and Career Highlights

Asa has been coaching a total of six years, this is his first year as head coach at Benzie Central. Picking up where the Huskies left off last year, this team repeated as conference, regional, and state champs. What was unusual about this state championship finish is that not a single team member earned all-state recognition. Additionally, a third fastest team time in the B4 race last Saturday doesn't point the way to victory either. However, a fifteen second differential between runners one and five, and a thirty-seven second differential across the entire team dramatically demonstrates the power of the fast pack.

Pat Pastula

Hillsdale

<u>2009 Season Data</u>	to vote for → 7[B]
Regional Place:	1
Final Place:	3
Number of All-State Runners:	2

Season and Career Highlights

Pat has been coaching a total of thirty-two years, all but one of them as head coach at Hillsdale High School. In this time, Patrick has run to seven conference titles, attended eleven Final Meets (including the last four years in a row, with six of those visits culminating in top ten finishes). Individually, Patrick has coached eleven all-state runners, including Josh Perrin, a 2003 state champ and Pan Am Junior Games silver medalist.

David Miller

Jackson Lumen Christi

<u>2009 Season Data</u>	to vote for → 7[C]
Regional Place:	2
Final Place:	6
Number of All-State Runners:	1

Season and Career Highlights

David has been coaching a total of sixteen years, all but one of them as head coach at Jackson Lumen Christi. Dave's teams have traveled to the state Final Meet twelve of those years, placing in the top-ten nine times. With a career dual meet record of 97-18, eight regional championships, and seventeen all-staters, it is not surprising to find David in thick of state tournament action.

Jill Evers-Bowers

Kent City

<u>2009 Season Data</u>	to vote for → 7[D]
Regional Place:	2
Final Place:	4
Number of All-State Runners:	1

Season and Career Highlights

Jill has been coaching a total of twenty years, seventeen of them as head coach at Kent City. This season saw the Eagles run to a championship in one, and second place finishes at three invitationals. Add that to a perfect dual meet record and the red and white traveled to MIS for the seventh consecutive year. Notable in regards to their one all-state is that that she did so in a stress-fracture come-back effort.



Nick Hopkins

East Grand Rapids

<u>2009 Season Data</u>	to vote for → 8[A]
Regional Place:	2
Final Place:	1
Number of All-State Runners:	3

Season and Career Highlights

Nick has been coaching a total of sixteen years, ten of them as head coach at East Grand Rapids. In that time, Nick has won six conference and two regional titles. This season saw the Pioneers winning five invitationals and placing second in the prestigious Spartan Invite Elite Race. Additionally, this Final Meet win (second in a row and fourth overall) brings Nick's top-ten finish total to seven.

Jeremy Hurley

Forest Hills Eastern

<u>2009 Season Data</u>	to vote for → 8[B]
Regional Place:	2
Final Place:	7
Number of All-State Runners:	1

Season and Career Highlights

Jeremy has been coaching a total of eight years, six of them as head coach at Forest Hills Eastern. Coaching boys AND girls is no easy task, yet in the six short years of the school's existence the Hawks have realized four out of five possible conference titles. Add to this a 2009 runner-up regional finish making for a fifth straight trip to the finals (with four of those in top-ten places) is indeed, impressive.

Doug Jager

Grand Rapids Christian

<u>2009 Season Data</u>	to vote for → 8[C]
Regional Place:	1
Final Place:	3
Number of All-State Runners:	1

Season and Career Highlights

Doug has been coaching a total of nineteen years, all of them as head coach at Grand Rapids Christian. In his career, Doug has amassed eighteen conference and five straight regional championships. At the Final Meet, Doug's girls have represented the school well, bringing home seven straight top-THREE finishes. As might be expected, Doug has also coached several all-state runners.

Paula Maurer-Westbrook

Williamston

<u>2009 Season Data</u>	to vote for → 8[D]
Regional Place:	1
Final Place:	4
Number of All-State Runners:	3

Season and Career Highlights

Paula has been coaching a total of thirty-one years, all as head coach at Williamston High School. Paula's overall dual meet win record is better than 71%. Her teams have won ten conference and six regional championships. Williamston has been to the Final Meet numerous times resulting in thirteen top-ten finishes. Paula averages one all-state athlete each year with a current total of thirty-two.



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Steve Zaranek

Grosse Pointe South

<u>2009 Season Data</u>	to vote for → 9[A]
Regional Place:	1
Final Place:	3
Number of All-State Runners:	2

Season and Career Highlights

Steve has been coaching a total of thirty-one years, all of them as head coach at Grosse Pointe South; in fact, Steve has been the Blue Devils only girls' cross country coach - a program he started in 1979. This year saw the blue and gold run to a 14-0 dual meet record including three invite wins (one being the Wayne County title) and Steve's twenty-second league title. In this time, GPS has won twenty-two regional championships and qualified to the Final Meet for thirty consecutive years with thirteen top-ten finishes. Two all-state runners this year brings Steve's total to twenty-five.

Benjamin Watson

Rockford

<u>2009 Season Data</u>	to vote for → 9[B]
Regional Place:	1
Final Place:	2
Number of All-State Runners:	1

Season and Career Highlights

Benjamin has been coaching a total of seven years, four of them as head coach at Rockford High School. In that time, the black and orange have established a 25-3 dual meet record. This season, the Rams were both conference and regional champs. At the MHSAA Final Meet, Benjamin has never finished out of the top-ten and this season's second place finish is Benjamin's best.

Michael Smith

Saline

<u>2009 Season Data</u>	to vote for → 9[C]
Regional Place:	1
Final Place:	1
Number of All-State Runners:	2

Season and Career Highlights

Michael has been coaching a total of thirty-seven years, thirty-three of them as head coach at Saline. This is season saw Saline finish first at two prestigious invitationals – MSU and Jackson. A conference championship (fourteenth consecutive) and regional win (eight straight) with 19 points set the stage for Mike's first state championship. In the last eight years Saline has always finished in the top eight.

Lisa Taylor

Traverse City Central

<u>2009 Season Data</u>	to vote for → 9[D]
Regional Place:	3
Final Place:	4
Number of All-State Runners:	1

Season and Career Highlights

Lisa has been coaching a total of twenty-one years, sixteen of them as head coach at Traverse City Central. A one point miss for second place in their region qualified the black and gold for another Final Meet. Coming off a state championship (2008) is not easy business, but for the fourteenth straight year, Lisa and the Trojans finished, for the twelfth time, in the top-ten.



David Testa

Dexter

<u>2009 Season Data</u>	to vote for → 10[A]
Regional Place:	1
Final Place:	2
Number of All-State Runners:	1

Season and Career Highlights

David has been coaching a total of four years, two of them as head coach at Dexter High School. Last season, Dexter sent one runner to the state meet – he earned all-state honors. In 2009, Dexter’s top seven, comprised mostly of freshman and sophomores were conference and regional champs, and returned to MIS. Last Saturday Dexter finished in the runner-up spot. Can you say, “They’re baaack...”?

Jeff Kalember

Gaylord

<u>2009 Season Data</u>	to vote for → 10[B]
Regional Place:	2
Final Place:	6
Number of All-State Runners:	0

Season and Career Highlights

Jeff has been coaching a total of twelve years, all of them as head coach at Gaylord. In 2008, Jeff was a COY finalist in D2 girls; this year finds him as a finalist for the opposite gender. As the boys’ coach, Jeff’s teams have won one conference championship; their last visit to MIS (2003) yielded a fifth place finish.

Dennis Scully

Grand Rapids West Catholic

<u>2009 Season Data</u>	to vote for → 10[C]
Regional Place:	1
Final Place:	4
Number of All-State Runners:	2

Season and Career Highlights

Dennis has been coaching a total of ten years, all of them as head coach at Grand Rapids West Catholic. Career-wise, Denny has established a 68-10 dual meet record and eight regional wins, and seven top-ten finishes at the Final Meet, including the championship in 2003. This season included an 8-1 dual record, invitational wins at Sparta and the Cougar-Falcon, conference runner-up, and regional championship.

Christopher Young

Ionia

<u>2009 Season Data</u>	to vote for → 10[D]
Regional Place:	2
Final Place:	1
Number of All-State Runners:	2

Season and Career Highlights

Christopher has been coaching a total of thirty-three years, all of them as head coach at Ionia High School. Ionia is a blue collar town and getting kids out for sports is a difficult enterprise. Chris’s state championship is only the second such title in school history – in any sport. Over the course of his career, Chris has had twenty-one league championships, five top-ten finishes, and five all-state runners.



Don Sleeman

Ann Arbor Pioneer

<u>2009 Season Data</u>	to vote for → 11[A]
Regional Place:	1
Final Place:	2
Number of All-State Runners:	3

Season and Career Highlights

Don has been coaching a total of forty-two years, spanning five decades as Pioneers head coach. Looking back over that time, Don has established an 85% win record. This years' two loses (the first and last competitions of the season) were the only two over the last two years. A Final Meet runner-up spot for Don is not unknown as this year's finish makes for five such placements and matches his championship count. The Pioneers have qualified to the Final Meet thirty-one times and finished in the top-ten, twenty-six times.

Brian Salyers

Milford

<u>2009 Season Data</u>	to vote for → 11[B]
Regional Place:	2
Final Place:	4
Number of All-State Runners:	1

Season and Career Highlights

Brian has been coaching a total of fourteen years, all of them as head coach at Milford High School. Winning the Fremont Hill and Bale Invitational, the Mavericks also finished as conference runner-ups. Placing fourth at the Oakland County meet made for a sweet Final Meet as Brian's cardinal and whites were able to defeat two of those teams on Saturday. This is Milford's twelfth top-ten finish in the past fourteen years.

Tony Magni

Novi-Detroit Catholic Central

<u>2009 Season Data</u>	to vote for → 11[C]
Regional Place:	2
Final Place:	1
Number of All-State Runners:	3

Season and Career Highlights

Tony has been coaching a total of forty-four years, eighty-one percent of them as head coach at Novi-Detroit Catholic Central. Over his career, Tony has established a 136-15 dual meet record, won twenty league, and seventeen regional championships. Of the numerous times the Shamrocks have been to the Final Meet, they have come away as champions five times (including this year) and been runner-up twice.

Gary Loubert

Saginaw Heritage

<u>2009 Season Data</u>	to vote for → 11[D]
Regional Place:	1
Final Place:	6
Number of All-State Runners:	1

Season and Career Highlights

Gary has been coaching a total of twelve years. In this fourth year as the boys' head coach for Heritage, Gary brought the Hawks from a third place league team to three league, and three regional championships; additionally, in each of the last three visits to the Final Meet, the navy and Kelly have finished in the top-ten. Despite graduating five of their top seven last year, in all but two instances, the 2009 Heritage team won every invitational entered