



Boys D1 Boys D1 Boys D1 Boys D1 Boys D1 BOYS D1

Don Sleeman
Ann Arbor Pioneer HS
2008 Season Data:

Regional Place:	1
Final Place:	1
Number of All-State Runners:	2

Season and Career Highlights
 Don has been coaching a total of 41 years, all of them as head coach at Pioneer. In that time, Don has won 18 league, and 16 regional championships. Don's teams have a 0.750 "batting average" with regards to finals qualifications. In those appearances, Pioneer has run to 4 runner-up and 4 state championships. Individually, Don's runners have done very well, 37 have made all-state, 3 as individual champions. This season was indicative of the state championship that was to come his way as Don's team won several invitational meets including West Bloomfield, Jackson, Portage, and Gabriel Richard.

Gary Loubert
Saginaw Heritage HS
2008 Season Data

Regional Place:	1
Final Place:	2
Number of All-State Runners:	2

Season and Career Highlights
 Gary has been coaching a total of 11 years; this is Gary's 3rd year as head coach for the Heritage boys cross country team. Winning two SVLC and two regional championships in each of the last two years suggested a strong team and this was realized by last year's seventh place final and this year's trophy winning runner-up position. As head coach, Gary is averaging one all-state runner each year. Such running talent has presented itself not only at the state meet, but also in Gary's all-time top-ten list where this year's group holds the top four times in that list and all seven runners are somewhere in the top eleven.

Mike Nesbitt
Bay City Western HS
2008 Season Data

Regional Place:	2
Final Place:	3
Number of All-State Runners:	1

Season and Career Highlights
 Mike has been coaching a total of 11 years, all of them as head coach at Bay City Western. In that time, Mike has won one league championship and enjoyed two regional runner-ups. Last season, Mike's squad placed 27th at the MHSAA Final Meet. What forecast a top three finish this year was a second place finish in the MSU Spartan Elite race and third place at Portage. Mike's top five runners this year are the fastest five runners in Western HS history.

Stan Ford
Lake Orion HS
2008 Season Data

Regional Place:	1
Final Place:	4
Number of All-State Runners:	3

Season and Career Highlights
 Stan has been coaching a total of 27 years, all as head coach at Lake Orion High School. In that time, Stan has won 16 league and 7 regional championships. This year's trip to MIS resulted in Stan's ninth, top-ten finish at the Final Meet.



Boys D2 Boys D2 Boys D2 Boys D2 Boys D2 BOYS D2

David Smith
Vicksburg HS

2008 Season Data

Regional Place:	1
Final Place:	2
Number of All-State Runners:	2

Season and Career Highlights

David has been coaching a total of 10 years, 9 of them as head coach at Vicksburg. In that career, David has amassed a 45-3 dual meet record, and 4 Wolverine Conference championships. This year's regional win doubles his number of regional championships.

Steve Long
Otsego HS

2008 Season Data

Regional Place:	1
Final Place:	3
Number of All-State Runners:	1

Season and Career Highlights

Steve has been coaching a total of 10 years, all of them as head coach at Otsego High School. Steve's team was essentially undefeated in all forms of competition this year. His only losses were to the two teams that ran ahead of his at this year's Final Meet and a tiebreaker loss GR South Christian in early season competition. In addition to the regional win, Steve's team won the South Haven, St. Joseph, Paw Paw and Allegan Invitationals.

Paul Nilsson
Williamston HS

2008 Season Data

Regional Place:	1
Final Place:	6
Number of All-State Runners:	1

Season and Career Highlights

Paul has been coaching a total of 36 years, all of them as head coach at Williamston. In that time, the number 12 dominates Paul's stats with that number of league championships, regional wins, and top 10 Final Meet finishes. Individually, Paul's runners have also done well, 35 all-state and 3 champions. Paul himself has received numerous recognitions, most notably as a 2005 National High School Coaches Association COY finalist in cross country. Athletics are not Paul's only interest as he conceived and has chaired the MITCA Academic All-State Committee since 1994.

Clint Lawhorne
Linden HS

2008 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	4

Season and Career Highlights

Clint has been coaching a total of 5 years, all of them as head coach at Linden. Clint's teams have made quite an impact at the state level, finishing in the top ten over the last three years. This year's victory, however, made school history as the first state title ever seen at Linden. In the 2008 season the Linden boys won the Portage Invitational and ran to a 9-0 dual meet record (Clint is 33-4 lifetime). This year, as last, Linden won their conference and regional meets; the season culminated with what his hometown paper headlined as "Eagles run greatest race ever".



Boys D3 Boys D3 Boys D3 Boys D3 Boys D3 BOYS D3

Jason Robinson
Freeland HS

2008 Season Data

Regional Place:	1
Final Place:	4
Number of All-State Runners:	1

Season and Career Highlights

Jason has been coaching a total of 4 years, this is his first as head xc coach at Freeland (he has been coaching three years in track and field). Jason's team of 19 runners carried him through victories at the Lancer, Akron-Fairgrove, Heritage, and Reese Invitational meets - good indicators of the success that was to come at season's end.

Eldon "Pete" Moss
Benzie Central HS

2008 Season Data

Regional Place:	1
Final Place:	3
Number of All-State Runners:	3

Season and Career Highlights

Eldon "Pete" has been coaching a total of 38 years, all of them as head coach at Benzie Central. Once again, Pete finds himself as a COY finalist, this year via an undefeated dual meet season and seven invitational wins. Pete's top seven boys were named all-conference, five were regional medalists and three all-state.

Patrick Pastula
Hillsdale HS

2008 Season Data

Regional Place:	1
Final Place:	2
Number of All-State Runners:	2

Season and Career Highlights

Patrick has been coaching a total of 31 years, all of them as head coach at Hillsdale. In this time, Patrick has run to eight conference titles, attended ten Final Meets (including the last three years in a row, with five of those visits culminating in top ten finishes). Individually, Patrick has coached ten all-state runners including Josh Perrin, a 2003 state champ and USTF Junior National Champ.

Rick Cahoon
Shepherd HS

2008 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	1

Season and Career Highlights

Rick has been coaching a total of 9 years, all of them as head coach at Shepherd. Rick's teams have won five conference titles, and three regional championships. Additionally, his teams have finished in the top ten at the final meet six times. This year was the year of ONE for Rick with first place finishes in the regional and final meets and one all-state runner.



Boys D4 Boys D4 Boys D4 Boys D4 Boys D4 BOYS D4

Wade Perry

Adrian Lenawee Christian HS

<u>2008 Season Data</u>	to vote for →4	[A]
Regional Place:	1	
Final Place:	2	
Number of All-State Runners:	1	

Season and Career Highlights

Wade has been coaching a total of 5 years, all of them as head coach at Adrian Lenawee Christian. When Wade first began at Lenawee, the program was virtually non-existent as it had only one runner. By Wade's second year, a complete team was placing at invitationals and in the third year, Wade had his first all-state runner. Two years later finds Lenawee Christian winners of 6 invitational meets as well as runner-up in the Final Meet.

Mike Kloss

Harbor Springs HS

<u>2008 Season Data</u>	
Regional Place:	1
Final Place:	3
Number of All-State Runners:	1

Season and Career Highlights

Mike and his wife, Emily (girls' coach) initiated the xc program in Harbor Springs ten years ago. They have been the sole coaches of this program. Over the past decade, the boys have secured 4 conference and 6 regional wins. Since 2001, the team has traveled to the final meet six times, each time finishing in the top ten. This years' third place finish matches that of 2001. Mike has coached eight all-state runners, including two state champs.

Dan Brunk

Potterville HS

<u>2008 Season Data</u>	
Regional Place:	1
Final Place:	1
Number of All-State Runners:	3

Season and Career Highlights

Dan has been coaching a total of 11 years, all of them as head coach at Potterville High School. This season Dan's harriers won the Bath, Holly, Pittsford, Carson City, and Portage Invitationals. Each of the last two years, Potterville has enjoyed incredible success winning conference, regional and state titles. Dan's three all-state runners this year placed in the top 20.

Doug Baird

Hesperia HS

<u>2008 Season Data</u>	
Regional Place:	1
Final Place:	4
Number of All-State Runners:	1

Season and Career Highlights

Doug has been coaching a total of 14 years, all of them as head coach at Hesperia, as a matter of fact he has been the only coach at Hesperia, starting the team in 1995. In this time, Doug's teams have established a 66-9 dual meet record and have qualified to the finals eight times with seven top-ten finishes including titles in '04 and '06. This year was unique in that the team won only three competitions – unusual given a fourth place final meet finish. Illness was the major culprit of a season that did not foreshadow such a great finish. In the last two weeks, however, things came back together – just in time for the state series. Doug's coaching does not stop here as wrestling season is just around the corner.



Girls D1 Girls D1 Girls D1 Girls D1 Girls D1 Girls D1

Lisa Taylor
Traverse City Central HS

2008 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	1

Season and Career Highlights

Lisa has been coaching a total of 19 years, 15 of them as head coach at Traverse City Central. In this time, Lisa's team has been a top-ten finalist ten times. This year is Lisa's first state championship (adding to TCC Trojan Girls' two other championships).

Gary D. Meehan
Brighton HS

2008 Season Data

Regional Place:	1
Final Place:	5
Number of All-State Runners:	1

Season and Career Highlights

Gary D. has been coaching a total of 31 years, all of them as head coach at Brighton. Many know that Gary has coached successful teams as indicated by the 21 league and 18 regional championships secured by his runners. Additionally, 21 top-ten Final meet finishes (including 3 championships and 3 runner-ups) drive the point home. Gary's runners have also done well individually with 24 all-staters. In 2008, Brighton ran to a 4-0 dual meet record and were invitational champs four times.

Greg Russick
Grand Haven HS

2008 Season Data

Regional Place:	3
Final Place:	2
Number of All-State Runners:	2

Season and Career Highlights

Greg has been coaching a total of 27 years, 25 of them as head coach at Grand Haven High School. In this time, Greg has coached the girls to 4 conference, and 6 regional titles. This years' runner-up Final Meet finish was the nineteenth year that Greg has brought a team to the Final Meet. Those visits have yielded 9 top-ten finishes (including two runner-ups). Thirty runners have made all-state under Greg's coaching including one state champ. Greg knows that his teaching on the field teaches girls valuable lessons that will greatly improve the quality of life in communities and the world.

Raymond Antel III
East Kentwood HS

2008 Season Data:

Regional Place:	1
Final Place:	3
Number of All-State Runners:	1

Season and Career Highlights

Raymond has been coaching a total of 16 years, 3 of them as head coach at East Kentwood High School. Prior to East Kentwood, Ray coached at Wyoming Kelloggsville (D3). There, he won several conference, 3 regional, and 1 state championship. Among Ray's four all-state girls from Kelloggsville is Nicole Bush, last week's Big Ten XC Champ. At Kentwood, Ray has had similar impact in little time. Three all-state runners, a regional championship and third place final meet finish.



Girls D2 Girls D2 Girls D2 Girls D2 Girls D2 Girls D2

Paula Maurer-Westbrook
Williamston HS

2008 Season Data

Regional Place:	1
Final Place:	3
Number of All-State Runners:	1

Season and Career Highlights

Paula has been coaching a total of 30 years, as head coach at Williamston High School. Paula's overall dual record is 420-166. Her teams have won ten conference and five regional championships. Williamston has been to the Final Meet numerous times resulting in 12 top-ten finishes. Paul averages one all-state athlete each year with a current total of 29.

Jeff Kalember
Gaylord HS

2008 Season Data

Regional Place:	1
Final Place:	4
Number of All-State Runners:	1

Season and Career Highlights

Jeff has been coaching a total of 11 years, all of them as head coach at Gaylord High School. The Gaylord girls have won 5 regional championships in a row. In 19 trips to the Final Meet in the last 21 years, Gaylord has finished 1st (last year) and 4th this year. In the last three years, Gaylord has produced 7 all-staters.

Doug Jager
Grand Rapids Christian HS

2008 Season Data

Regional Place:	1
Final Place:	2
Number of All-State Runners:	1

Season and Career Highlights

Doug has been coaching a total of 18 years, all of them as head coach at GR Christian. In that career, Doug has amassed 18 conference and 5 regional championships. At the Final Meet, Doug's girls have represented the school well, bringing home 2 runner-ups and 2 championships between 03 and 06. As might be expected, Doug has also coached several all-state runners.

Nick Hopkins
East Grand Rapid HS

2008 Season Data

Regional Place:	2
Final Place:	1
Number of All-State Runners:	3

Season and Career Highlights

Nick has been coaching a total of 16 years, 9 of them as head coach at East Grand Rapids. In that time, Nick has won 5 conference and 2 regional titles. This year's state title brings his total Final Meet win count to 3 making 6 top-ten finishes in all. Nick has coached 3 all-state runners including one state champ. This season saw EGR winning the Middleville, Sparta, Jackson, and Haslett Invitationals. They were runner-ups in both conference and region.



Girls D3 Girls D3 Girls D3 Girls D3 Girls D3 Girls D3

Mike Woolsey
Jackson Lumen Christi HS

2008 Season Data

Regional Place:	1
Final Place:	4
Number of All-State Runners:	3

Season and Career Highlights

Mike has been coaching a total of 30 years, all of them as head coach at Lumen Christi. Over the past three decades, Mike has run his girls to a 217-19 dual meet record; 18 league, and 14 regional championships; 5 Final Meet runner-ups, and 8 Final Meet championships. Eighty percent of Mike's visits to the final meet have resulted in a top-ten finish. This year's 3 all-state runners brings his total count in this area to 26.

Jill Evers-Bowers
Kent City HS

2008 Season Data

Regional Place:	1
Final Place:	6
Number of All-State Runners:	2

Season and Career Highlights

Jill has been coaching a total of 19 years, 16 of them as head coach at Kent City. Since forming the girls' team in '96, Kent City has put together a 67-14-1 dual meet record, won 7 conference and 3 regional titles. At the Final Meet, they have enjoyed 4 top-ten finishes with 9 girls earning all-state honors. This season, Jill's 16 girl's were second in the conference and regional champs

Eldon "Pete" Moss
Benzie Central HS

2008 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	2

Season and Career Highlights

Eldon "Pete" has been coaching a total of 38 years, all of them as head coach at Benzie Central. Pete's girls dominated the running scene in 2008. The entire top seven were all-conference and regional medalists. The harriers were undefeated in dual meets with only two invitational losses (to larger division schools).

Dean Blackledge
Hanover-Horton HS

2008 Season Data

Regional Place:	2
Final Place:	5
Number of All-State Runners:	1

Season and Career Highlights

Dean has been coaching a total of 12 years, all of them as head coach at Hanover-Horton High School. In that time his teams have run to 9 conference and 2 regional wins. Five teams have run to top-ten finishes at the MHSAA Final Meet; seven runners have become all-state. This year, Dean's best runner set a new school record or 18:48.

David Hovarter
Leslie HS

2008 Season Data

Regional Place:	1
Final Place:	2
Number of All-State Runners:	2

Season and Career Highlights

David has been coaching a total of 10 years, 6 of them as head coach at Leslie High School. In his tenure at Leslie, David's girls have run to 2 league and 1 regional crown. Five invitational wins this year suggested a strong team and indeed, a runner-up finish proved the point. David's two all-staters this year brings his total coached to four.



Girls D4 Girls D4 Girls D4 Girls D4 Girls D4 Girls D4

Todd Schenck
NorthPointe Christian HS

<u>2008 Season Data</u>	
Regional Place:	2
Final Place:	4
Number of All-State Runners:	0

Season and Career Highlights
Todd has been coaching a total of 11 years, all as head coach at NorthPointe Christian High School. Coach Schenck has led the Streamin' Stangs in two consecutive regional and state championships in 2006 and 2007. This year NPC had a successful season, winning several invitationals, finishing 2nd at regionals and 4th at state.

Jeff Harding
Manton HS

<u>2008 Season Data</u>	
Regional Place:	1
Final Place:	2
Number of All-State Runners:	3

Season and Career Highlights
Jeff has been coaching a total of 3 years, 2 of them as head coach at Manton High School. In this short time, Jeff has had a conference championship and two conference runner up teams. Additionally, he has 2 regional championships on his resume. This is Jeff's second COY nomination; he has coached 4 all-state runners.

Emily Kloss
Harbor Springs HS

<u>2008 Season Data</u>	
Regional Place:	1
Final Place:	1
Number of All-State Runners:	3

Season and Career Highlights
Emily and her husband Mike (boys' coach) initiated the xc program in Harbor Springs ten years ago. They have been the sole coaches of this program. This year, the girls again, won their conference (third time to do so) and regional (fifth time) meets. Emily has had a nice progression of final meet finishes leading to this year's championship as two years ago they finished third, and one year ago second. If this were a game of cards, that would be a tough hand to beat. Additionally, Emily has coached eight all-state runners, three of which ran to that distinction this year.

Doug Baird
Hesperia HS

<u>2008 Season Data</u>	
Regional Place:	1
Final Place:	3
Number of All-State Runners:	2

Season and Career Highlights
Doug has been coaching a total of 14 years, all as head coach at Hesperia. This start to Doug's coaching career was also the start of the cross country program. In those years, Doug's team has accumulated a 47-21 dual meet record, has won six conference titles, and qualified to the Final Meet four times with three top-ten finishes. This year's Final Meet third place finish was the highest placing girls team ever in any girls sport within the Hesperia school district. Additionally, the girls won the second regional championship in school history (first for xc). During the 2008 season, the ladies won seven invitationals including Portage and Carson City.