



Division 1 - Boys

Tom Carney

Pinckney

2007 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	2

Season and Career Highlights

Tom has been coaching a total of eight years, all of them as head coach at Pinckney. This year is Tom's fourth XC COY nomination; he has been coach of the year the last two years. Tom's record of three league and four regional championships for anyone coaching under ten years catches one's eye; add to that his several state championships causes a double-take. This year, Tom's team was undefeated and again repeated as state champs.

Don Sleeman

Ann Arbor Pioneer

2007 Season Data

Regional Place:	1
Final Place:	4
Number of All-State Runners:	2

Season and Career Highlights

Don has been coaching a total of 40 years, all of them as head coach at Ann Arbor Pioneer. Don has been nominated for XC COY honors on seven previous occasions; he last won the award in 1990. Career-wise, Don has eighteen conference, and nine regional championships. His teams have finished in the top ten at the final meet twenty-four times. Individual runners have earned distinction as well - two have been state champs and forty-eight total have been all-state runners.

Budd Cicciarelli

Rochester Adams H.S.

2007 Season Data

Regional Place:	1
Final Place:	3
Number of All-State Runners:	3

Season and Career Highlights

Budd has been coaching a total of twenty-seven years, all of them as head coach at Rochester Adams. Budd has been nominated as boys XC COY in two previous seasons, the most recent being 2000. Since 1990, Budd has a dual meet record of 97-76 (went to Jamboree format last year). Career-wise, Budd's teams have enjoyed three conference and five regional championships. Individually, forty-nine of his runners have run to all-league and nine to all-state distinction.

Carl Spina

Saline High School

2007 Season Data

Regional Place:	2
Final Place:	2
Number of All-State Runners:	2

Season and Career Highlights

Carl has been coaching a total of 4 years, all of them as head coach at Saline High School. This is Carl's first year nominated as XC COY. Team-wise, this has been a year of two's for Saline, from the tabulated information above to four second place invitational finishes. This year's second-place finish at the final meet was a quantum leap improvement from last years' sixth place.



Division 2 - Boys

Jaime Dudash

Dexter

2007 Season Data

Regional Place:	1
Final Place:	2
Number of All-State Runners:	3

Season and Career Highlights

Jaime has been coaching a total of 10 years, all of them as head coach at Dexter. This is Jaime's sixth consecutive nomination as XC COY; he has been voted XC COY for the past five years. Under Jaime's leadership, the Dreadnaughts have won seven Southeastern Conference White Division Crowns, 2001-2007, in addition to regional titles from 2002-2006 and the MHSAA Division 2 Final meet championship from 2002-2006. Dudash's teams have three times been a top three All-Academic team, and he has coached 18 All-State athletes.

Jeremy Hurley

Forest Hills Eastern

2007 Season Data

Regional Place:	1
Final Place:	4
Number of All-State Runners:	3

Season and Career Highlights

Jeremy has been coaching a total of six years, four of them as head coach at Forest Hills Eastern. This year marks Jeremy's first nomination as XC COY. A successful young coach at a new high school is the way great traditions begin. Jeremy started the XC program at FHE four years ago to a team size of nineteen. This year's team was fifty-six boys and girls. In the last four years, the boys' team has won three conference and two regional titles. Last year's final meet finish was eighth place. Jeremy comments "I am honored to have coached such a great group of young men and even more honored to be nominated as Coach of the Year. It has never been about me but what I have to offer to these athletes."

Clinton Lawhorne

Linden High School

2007 Season Data

Regional Place:	1
Final Place:	3
Number of All-State Runners:	1

Season and Career Highlights

Clinton has been coaching a total of 4 years, all of them as head coach at Linden High School. Clinton's last nomination for XC COY was in 2003, this year makes for his second nomination. In his young career, Clinton is able to boast one conference championship and two runner-ups along with a four year dual record of 25-4. Add to this the 2007 regional championship, runner-up position last year along with a fifth place final meet finish and this year's leap to third is not much of a surprise.

Cliff Somers

Fremont

2007 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	3

Season and Career Highlights

Cliff has been coaching a total of 12 years, 9 of them as head coach at Fremont. Cliff has been nominated as XC COY in four prior years, his last in 2004. Cliff's teams have won seven (six consecutive) conference and seven straight regional championships. Additionally, his teams have had seven top ten state meet finishes. This year's team record has been nearly perfect with six invitational wins and one second place finish (that coming in the MSU Elite meet).



Division 3 - Boys

Jill Evers-Bowers

Kent City

2007 Season Data

Regional Place:	2
Final Place:	4
Number of All-State Runners:	2

Season and Career Highlights

Jill has been coaching a total of eighteen years, all but four of them as head coach at Kent City. Jill has been nominated for this award twice before, in 98 and 99. This year, Jill's team ran to a 3-0 dual meet record, raising her career score to 67-36. Factoring in invitational efforts, her team had an overall record of 128-9 against all opponents in 2007. Jill's team were not only conference champions but also won three invitationals as well as four conference jamborees. This year marked the fifth consecutive trip to the state finals. Their second place regional final this year was to state final runner up West Catholic.

Brian Price

Bangor

2007 Season Data

Regional Place:	1
Final Place:	3
Number of All-State Runners:	0

Season and Career Highlights

This is Brian's first nomination as XC COY. Brian's team fulfilled CCIR's state ranking predictions by matching the third place forecast. Such a finish was easy to make based upon team performances earlier in the season, such as the red Vikings dominating win at Portage, placing five in the top ten. Historically, Brian's teams have eleven conference and five regional championships, along with four top ten finishes at the final meet.

Paul Nilsson

Williamston

2007 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	3

Season and Career Highlights

Paul has been coaching a total of 34 years, all of them as head coach at Williamston. Paul's first year nominated as XC COY was 1986, this makes for his eighth such honor; he last won the award two final meet championships. He has an impressive dual record of 465-187. Two of Paul's runners have been state champions, and thirty-one have been all-state. Paul was a 2005 National XC Coach of the Year finalist in 2005 award in 2005. Career-wise, Paul has brought home to Williamston HS, eleven regional championships, eleven top ten final meet finishes

Denny Scully

Grand Rapids West Catholic

2007 Season Data

Regional Place:	1
Final Place:	2
Number of All-State Runners:	3

Season and Career Highlights

Denny has been coaching a total of 8 years, all of them as head coach at Grand Rapids West Catholic. Dennis has been nominated as XC COY four separate times and last won the award in 2003.



Division 4 - Boys

Daniel Brunk

Potterville High School

2007 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	2

Season and Career Highlights

Daniel has been coaching a total of ten years, all of them as head coach at Potterville High School. Daniel has been nominated as boys XC COY one other time (2004). This year's team was the CMAC conference champion, going with two other titles in 04 and 05. By trend analysis, no one would have guessed that Dan's team would claim the state championship meet this year as over the last three years, his teams have finished 3rd, 7th, and 10th respectively.

Mike Shaw

Saugatuck

2007 Season Data

Regional Place:	1
Final Place:	4
Number of All-State Runners:	2

Season and Career Highlights

Mike has been coaching a total of nine years, all of them as head coach at Saugatuck. This is Mike's first year, nominated for XC COY. Mike founded the Saugatuck Cross Country program in 1999: In the eight years since, his teams have won one Conference, and three Regional Championships and qualified to the final meet three other years. His outstanding runners have included five Individual Regional Champions, and eight All Staters

Doug Baird

Hesperia High School

2007 Season Data

Regional Place:	1
Final Place:	2
Number of All-State Runners:	0

Season and Career Highlights

Doug has been coaching a total of 13 years, all of them as head coach at Hesperia High School. This is Doug's first XC COY nomination. Doug's teams have won nine conference and three regional titles. At the final meet, they have enjoyed seven top ten finishes. His dual record of 63-7 speaks to tradition and strength. In 2007, his team was runner-up in eight invitationals and champions at two.

Kirk Iken

Ellsworth

2007 Season Data

Regional Place:	2
Final Place:	6
Number of All-State Runners:	1

Season and Career Highlights

Kirk has been coaching for four years, all as head coach at Ellsworth. Ellsworth is a rural public school located in northern Michigan between Traverse City and Petoskey; this is the sixth year for its cross country program. With an enrollment of only eighty-eight students, it is possibly the smallest school represented at the MHSAA Final Meet. Despite this, the team is no stranger to the "big game" as this was the fourth consecutive year that the Lancer's have qualified for the final meet.



Division 1 - Girls

Larry Adams

Rochester High School

2007 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	3

Season and Career Highlights

Larry has been coaching a total of twenty years, thirteen of them as head coach at Rochester High School. This is Larry's first nomination for XC COY. Larry's team dominated the big school circuit this year with a runner-up finish at the prestigious Oakland County Championship meet along with a regional and final meet win.

Budd Ciccirelli

Rochester Adams H.S.

2007 Season Data

Regional Place:	2
Final Place:	4
Number of All-State Runners:	2

Season and Career Highlights

Budd has been coaching a total of twenty-seven years, all of them as head coach at Rochester Adams H.S. Budd has been nominated for girls XC COY on three other occasions. In 2006, Budd won the award. From 1990, Budd has compiled a dual record of 111-63. His teams have won seven conference and seven regional championships as well as one first place and one runner-up title at the final meet. Individually, forty-eight of his girls have garnered all-conference honors and seventeen all-state.

Lisa Taylor

Traverse City Central

2007 Season Data

Regional Place:	2
Final Place:	3
Number of All-State Runners:	3

Season and Career Highlights

Lisa has been coaching a total of eighteen years, fourteen of them as head coach at Traverse City Central. Lisa has been nominated for this award on four other occasions, the most recent being 2005. Her teams have qualified for the finals thirteen times, including ten top 10 finishes. Fourteen of her athletes have been All-State performers. In conference competitions, her teams have won eight championships and currently ranks #5 in the 2000 Teams of the Decades. Some readers may remember Taylor from her high school days, running for Potterville and winning the B championship in 78 and two mile title in 80. She went on to run for the Spartans 1980-84

Michael Smith

Saline

2007 Season Data

Regional Place:	1
Final Place:	5
Number of All-State Runners:	2

Season and Career Highlights

Michael has been coaching a total of thirty-six years, thirty-one of them as head coach at Saline. Mike has been nominated as girls XC COY in two prior years, the most recent being last season. Mike's teams won four invites this year as well as their conference championship (twelfth in a row). His teams regional win was his sixth consecutive and his fifth place final meet finish was one spot behind last years' fourth making this the sixth consecutive year of a final meet top ten finish. Mikes two all-staters this season raise his total to ten in the last six years.



Michigan Interscholastic Track Coaches Association

MITCA

www.mitca.org

Only ONE finalist vote in each gender/div using Grade Master SURVEY

Division 2 - Girls (NOTE: 5 Nominees)

Brown Bob, East Lansing

2007 Season Data

Regional Place:	1
Final Place:	5
Number of All-State Runners:	2

Season and Career Highlights - Brown has been coaching a total of twenty-seven years, twenty-five of them as head coach at East Lansing High School. This is Bob's second nomination as girls XC COY, his first was in 2005. Bob has a career dual record of 166-60. This year's regional win is matched by four other regional wins ranging from 1985 - 2006 and this year's fifth place final meet finish is his fourth top ten performance. Individually, Bob has coached two state champions and five all-state runners.

Jeremy Hurley, Forest Hills Eastern

2007 Season Data

Regional Place:	2
Final Place:	2
Number of All-State Runners:	3

Season and Career Highlights-Jeremy has been coaching a total of six years, four of them as head coach at Forest Hills Eastern. This is Jeremy's first nomination as XC COY. In the four years since FHE opened its doors, the girl's team has won 2 out of 3 Conference Championships and the last 2 years had the individual Conference Champion. In 2005 the girls team placed 15th at the State Finals and in 2006 were 8th. This year FHE was the Runner-Up at the Regional meet as well as the Runner-up at the 2007 State Finals in Division II. Individually, three girls earned all-state honors this year. Jeremy comments "I am honored to have coached such a great group of young women and even more honored to be nominated as Coach of the Year. It has never been about me but what I have to offer to these athletes."

Doug Jager, Grand Rapids Christian

2007 Season Data

Regional Place:	1
Final Place:	3
Number of All-State Runners:	2

Season and Career Highlights- Doug has been coaching a total of seventeen years, all of them as head coach at Grand Rapids Christian. This year is Doug's fourth consecutive nomination for girls XC COY; he won the award in each of the last two years. Doug's dual meet career record is 100-2. His teams have been regional champs four times, state runner-ups twice and state champs twice.

Jeff Kalember, Gaylord High School

2007 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	3

Season and Career Highlights-Jeff has been coaching a total of ten years, five of them as head coach at Gaylord High School. This is Jeff's first nomination as XC COY - and what a way to make the finalist list, as state champs. In Jeff's five years at Gaylord, he has coached five all-state and fifteen all-region XC girls. Since 2003, the Gaylord girls have won their region and each year taken a step closer to this championship, placing fourteenth, twelfth, sixth, and fourth.

Nick Stration, Bloomfield Hills Lahser

2007 Season Data

Regional Place:	1
Final Place:	4
Number of All-State Runners:	1

Season and Career Highlights-Nick has been coaching a total of nineteen years, seven of them as head coach at Bloomfield Hills Lahser. No stranger to coach of the year nominations, this is Nick's first nomination for the girls XC COY. Nick's Knights finished 6th out of nine teams in D1 OAA competition. Nick's teams have been to the final meet each of the last five years, this year being the first time in a single-digit finish. His runners have performed well individually too - ten all-league, seven all-county, six all-state and five academic all-state.



Division 3 - Girls

Mike Woolsey

Jackson Lumen Christi

2007 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	2

Season and Career Highlights

Mike has been coaching a total of 29 years, 29 of them as head coach at Jackson Lumen Christi. Mike has been nominated as girls XC COY on fourteen other occasions, the most recent was last year. As a two-time national coach of the year, it's not surprising that Mike has an impressive career record that includes fifteen league, thirteen regional and seven state championships.

Paula Maurer-Westbrook

Williamston High School

2007 Season Data

Regional Place:	1
Final Place:	3
Number of All-State Runners:	3

Season and Career Highlights

Paula has been coaching a total of twenty-nine years, all of them as head coach at Williamston High School. Paula has been nominated for this honor on six other occasions, the most recent being last year. In her career, Paula's teams have garnered four regional, and nine conference championships; finished in the top ten at the finals one dozen times with twenty-eight runners taking home all-state certificates.

Cecil Burch

LeRoy Pine River

2007 Season Data

Regional Place:	1
Final Place:	2
Number of All-State Runners:	3

Season and Career Highlights

Cecil has been coaching a total of twenty-four years, all of them as head coach at LeRoy Pine River. This is Cecil's second nomination for COY honors, last year being his first. This year's team duplicated last year's second place finish, but three brought home all-state certificates, a three-fold improvement from last year. In 2007 Cecil's team won six invitationals and ran to one runner-up finish. They have been conference champs each of the last three years and regional champs the last two.

Tim Grotelueschen

Lutheran North

2007 Season Data

Regional Place:	1
Final Place:	8
Number of All-State Runners:	0

Season and Career Highlights

This is Tim's seventh year coaching, his sixth as head coach at Lutheran North. This year's season seemed to be about continuing trends from past years for the Mustangs. Six straight conference and two regional championships forecast a fourth consecutive year of top ten final meet finishes. Though lacking front runners, major goals were accomplished through team depth.



Division 4 - Girls

Todd Schenck
NorthPointe Christian

2007 Season Data

Regional Place:	1
Final Place:	1
Number of All-State Runners:	0

Season and Career Highlights

Todd has been coaching a total of ten years, all of them as head coach at NorthPointe Christian High School. This is Todd's first nomination as girls XC COY. Todd has coached a total of seven all-state runners in his tenure. This year was his second consecutive Regional and State Championship. Todd says, "I am most proud of the character and competitiveness of our team."

Emily Kloss
Harbor Springs

2007 Season Data

Regional Place:	1
Final Place:	2
Number of All-State Runners:	2

Season and Career Highlights

Emily has been coaching a total of eleven years, nine of them as head coach at Harbor Springs. This is Emily's third nomination as girls XC COY, the most recent having been last year. Emily's team improved upon their third place final meet finish last year to second place this year. Her teams have won two conference, and four regional championships. She has finished in the top ten at MIS now four times and coached five all-state runners.

Jeff Harding
Manton

2007 Season Data

Regional Place:	1
Final Place:	3
Number of All-State Runners:	1

Season and Career Highlights

Jeff has been coaching a total of two years, this year was his first as head coach at Manton. This is also Jeff's first girls XC COY nomination. Jeff's team was runner up at the early season Benzie Central Invite and ultimately regional champs this year.

Matt Yacoub
Southfield Christian

2007 Season Data

Regional Place:	1
Final Place:	4
Number of All-State Runners:	2

Season and Career Highlights

Matt has been coaching a total of ten years, all but one of them as head coach at Southfield Christian. Matt has been nominated as girls XC COY each of the last three years. For the past five years, Matt's teams have been regional champs and placed in the top eight at the final meet. Despite a tenth place CCIR ranking, the Eagles finished fourth at this year's final meet.