

D2 Girls

2004 Cross Country Girls

Top half of the field of runners=123

Academic All-State

3.8+top half=automatic

Division 2

Place	LAST NAME	FIRST	Grade	School	G.P.A.	Race Place
1	Smeltzer	Bekah	10	Monroe Jefferson	4.000	1
2	Armstrong	Jessica	10	Wayland Union	4.000	3
3	Severin	Rachel	11	Chelsea	4.000	4
4	Hamilton	Jennifer	12	Battle Creek Lakeview	4.000	8
5	Bauman	Becca	12	Grand Rapids Catholic Central	4.000	15
6	Okonowski	Katie	12	Dearborn Divine Child	4.000	25
7	Bialek	Lael	10	East Lansing	4.000	39
8	Van Regenmorter	Rebecca	12	Hudsonville Unity Christian	4.000	45
9	Wilson	Emily	10	Milan	4.000	50
10	Portis	Laura	12	Richland Gull Lake	4.000	57
11	Bialek	Dana	10	East Lansing	4.000	73
12	Leforce	Chelsea	10	Ogemaw Heights	4.000	77
13	Brewer	Sarah	11	Wayland Union	4.000	79
14	Bennett	Paige	10	Grand Rapids Forest Hills Northern	4.000	81
15	Kolin	Amy	11	Ypsilanti	4.000	85
16	Cote	Michelle	11	Flint Powers Catholic	4.000	97
17	Peterson	Sarah	11	Bloomfield Hills Lahser	4.000	118
18	VanWyk	Anna	10	Grand Rapids South Christian	4.000	119
19	Riehle	Bridget	12	Dexter	4.000	120
20	Shreeve	Magee	10	Grand Rapids Forest Hills Northern	4.000	121
21	Mester	Holly	10	Ogemaw Heights	4.000	122
22	Wilson	Kelly	11	Ortonville-Brandon	3.986	99
23	Hoffman	Alicia	12	Monroe Jefferson	3.984	9
24	Zimmerman	Thereseann	11	Gaylord	3.970	34
25	Haagsma	Kristin	12	Grand Rapids South Christian	3.969	108
26	Bosma	Emily	11	Grand Rapids South Christian	3.969	116
27	Koster	Jessica	11	Grand Rapids Christian	3.963	17
28	Hamilton	Diane	12	Battle Creek Lakeview	3.958	19
29	Kessler	Lauren	10	Ionia	3.957	51
30	Fry	Tracy	11	Remus Chippewa Hills	3.944	52
	Magin	Annie	10	Richland Gull Lake	3.943	63
	Brown	Nikki	10	East Grand Rapids	3.939	6
	Ashford	Danielle	12	Ortonville-Brandon	3.935	92
	Bohrer	Kathleen	11	Livonia Ladywood	3.910	101
	DeBruin	Kaitlin	11	Vicksburg	3.907	80
	Naber	Jess	10	Grand Rapids South Christian	3.848	76
	Lohner	Raeanne	10	East Grand Rapids	3.846	22
	McCarthy	Stephanie	11	Grand Rapids Kenowa Hills	3.833	21
	Ciosek	Kathleen	12	Grand Rapids Forest Hills Northern	3.810	74
	McKenzie	Amanda	10	Chelsea	3.806	14
	Zebell	Sarah	11	St. Joseph	3.806	47
	Hockstra	Danielle	12	Grand Rapids Forest Hills Northern	3.800	55

**2004 Division II Cross Country Team Academic All State - Girls**

Criteria: Average of top 5 GPA's--No freshmen (3.000-3.499 Two Certificates, 3.500-4.000 Seven Certificates)

	School	Avg GPA	Meet Place
1	East Lansing	3.984	15
2	Chelsea	3.945	6
3	Bloomfield Hills Lahser	3.881	24
4	Grand Rapids Forest Hills Northern	3.864	7
5	Flint Kearsley	3.858	22
6	Grand Rapids South Christian	3.841	5
7	Livonia Ladywood	3.826	27
8	Richland Gull Lake	3.809	19
9	Battle Creek Lakeview	3.783	12
10	St. Joseph	3.777	10
11	East Grand Rapids	3.761	1
12	Grand Rapids Christian	3.744	2
13	Ortonville-Brandon	3.744	13
14	Gaylord	3.734	14
15	Sparta	3.728	20
16	Birmingham Marian	3.691	28
17	Ypsilanti	3.660	25
18	Petoskey	3.626	18
19	Remus Chippewa Hills	3.611	9
20	Flint Powers Catholic	3.570	21
21	Vicksburg	3.552	17
22	Milan	3.493	8
	Dexter-Three Freshmen		3
	Monroe Jefferson-Three Freshmen		4

## D2 Boys

### 2004 Cross Country BOYS

Top half of the field of runners=128

### Academic All-State

3.8+top half=automatic

### Division 2

Place	LAST NAME	FIRST	Grade	School	G.P.A.	Race Place
1	Bilsborrow	Jameson	11	Coldwater	4.000	12
2	Quick	Mike	11	Bloomfield Hills Lahser	4.000	18
3	Donaghy	Alex	11	Greenville	4.000	41
4	Grundman	Neil	10	Croswell-Lexington	4.000	76
5	Neely	Ryan	10	Dexter	4.000	100
6	Wolcott	Charles	11	Dexter	4.000	106
7	Schut	Joel	12	Grand Rapids Christian	3.993	15
8	Nalli	Tony	12	Dexter	3.991	7
9	Steibel	Matt	11	Linden	3.990	88
10	Hayes	John	12	East Grand Rapids	3.989	46
11	Morelli	John	12	Warren Woods-Tower	3.980	81
12	Ripley	Zach	11	Grand Rapids Northview	3.978	48
13	Luster	Ben	12	East Lansing	3.970	84
14	Thelen	Corey	12	Lake Odessa-Lakewood	3.950	9
15	Williams	Lex	12	Dexter	3.925	4
16	Dimambro	Joseph	10	Fenton	3.886	95
17	Wilson	Peter	11	Richland Gull Lake	3.884	28
18	Hoffman	Mitchell	11	St. Johns	3.857	22
19	Bosin	Doug	12	Bloomfield Hills Lahser	3.856	42
20	Girard	Ian	11	Chelsea	3.847	19
21	Christians	Jeff	11	Grand Rapids Christian	3.847	121
22	Brown	Ransom	11	Coldwater	3.846	82
23	Meier	Ryan	10	Mt. Pleasant	3.833	107
24	Waaso	Skyler	12	South Haven	3.833	112
25	Murray	Tim	12	Sturgis	3.833	123
26	DeHaan	Nate	12	Grand Rapids South Christian	3.821	20
27	Allarakhia	Imraan	10	Bloomfield Hills Lahser	3.812	52
28	Smith	Brendan	10	Chelsea	3.806	53
29	Greene	Drew	12	Richland Gull Lake	3.801	91
30	Meier	Peter	11	East Grand Rapids	3.800	57

### 2004 Division II Cross Country Team Academic All State - Boys

Criteria: Average of top 5 GPA's--No freshmen (3.000-3.499 Two Certificates, 3.500-4.000 Seven Certificates)

	School	Avg GPA	Meet Place
1	Coldwater	3.886	6
2	East Grand Rapids	3.879	13
3	Dexter	3.856	1
4	Royal Oak Kimball	3.837	25
5	Grand Rapids Forest Hills Norther	3.800	8
6	Chelsea	3.788	9
7	Bloomfield Hills Lahser	3.724	3
8	Grand Rapids Christian	3.667	7
9	Richland-Gull Lake	3.625	10
10	Dearborn Heights Crestwood	3.594	26
11	Fenton	3.538	19
12	Flint Powers Catholic	3.509	4
13	Three Rivers	3.506	18
14	St. Claire	3.489	15
15	Vicksburg	3.340	20
16	Sparta	3.270	5
17	Birmingham Seaholm	3.140	14

## 2004 Cross Country BOYS

## Academic All-State

## Division 4

<u>Top half of the field of runners=125</u>				3.8+top half=automatic		
Place	LAST NAME	FIRST	Grade	School	G.P.A.	Race Place
1	Oliver	Paul	12	Jonesville	4.000	14
2	Clement	Jason	11	Gobles	4.000	30
3	Collins	Kyle	12	Mason County Eastern	4.000	57
4	Martus	Glenn	12	Brown City	4.000	79
5	Richardson	Jordan	10	Reading	4.000	105
6	McPhail	Mike	12	Brown City	3.989	114
7	Hosler	Micheal	12	Carsonville-Port sanilac	3.980	82
8	Tloczynski	Nick	11	North Muskegon	3.960	99
9	Barclay	Curtis	12	Hale	3.958	2
10	Kralcy	Jacob	11	Hesperia	3.940	102
11	Slocum	Dan	12	Potterville	3.881	75
12	Paquet	Morgan	12	Mackinaw City	3.871	24
13	Allen	Luke	12	Bear Lake	3.866	41
14	Pifer	Takis	12	Buckley	3.830	19
15	Calero	Trevor	10	Southfield Christian	3.810	23
16	Hoffman	Tim	12	Southfield Christian	3.810	115
17	Groenwald	Josh	11	Bear Lake	3.79	5
18	Klassen	Drew	12	Springport	3.750	49
19	Smith	Bryant	11	Mt. Pleasant Sacred Heart	3.717	123
20	Green	Jake	11	Bellevue	3.713	71
21	Muller	Wes	12	G.R. NorthPointe Christian	3.700	9
22	Risner	Josh	11	Hillsdale Academy	3.690	46
23	Schmit	Steve	11	Luthern Westland	3.682	97
24	Zilke	Eli	12	Sand Creek	3.660	25
25	Wilson	Bryant	12	Hale	3.652	50
26	Campbell	Seth	12	G.R. NorthPointe Christian	3.600	8
27	Bruce	Mike	10	Colon	3.583	61
28	VanDorp	Ryan	12	Auburn Hills Oakland Christian	3.580	122
29	Domeyer	Brett	12	Bath	3.531	28
30	Glinski	Mike	11	Sand Creek	3.530	11
31	Barker	Glenn	10	North Muskegon	3.500	20

## 2004 Cross Country BOYS

## Academic All-State TEAMS

## Division 4

Teams with a 3.500 or above receive 7 certificates

	TEAM RANKINGS - BOYS	G.P.A.	Race Place
1	Luthern Westland	3.86	23rd
2	Mackinaw City	3.67	19th
3	Saginaw Michigan Lutheran Seminary	3.634	20th
4	Mason County Eastern	3.550	10th
5	Royal Oak Shrine	3.562	28th

-Teams with a g.p.a. over 3.000 but less than 3.500 receive two certificates

6	Southfield Christian	3.496	11th
7	Bear Lake	3.361	2nd
8	Lawrence	3.334	27th
9	Bellevue	3.325	9th
10	Marcellus	3.228	22nd
11	Colon	3.083	4th
12	Vandercook Lake	3.071	6th
13	Gobles	3.063	15th

## 2004 Cross Country Girls

## Academic All-State

## Division 4

<u>Top half of the field of runners=115</u>				<u>3.8+top half=automatic</u>			
Place	LAST NAME	FIRST	Grade	School	G.P.A.	Race Place	
1	Ham	Rachel	11th	Hudson	4.000	16th	
2	Perria	Kristine	10th	Traverse City St. Francis	4.000	17th	
3	Berlin	Chelsea	11th	Hudson	4.000	26th	
4	Carter	Megan	10th	Southfield Christian	4.000	30th	
5	McKenna	Ali	11th	Bath	4.000	43rd	
6	MacKenzie	Katherine	10th	Luthern Westland	4.000	47th	
7	Shurlow	Megan	10th	Potterville	4.000	48th	
8	Jonatzke	Katie	10th	Hartford	4.000	70th	
9	Koch	Sydney	12th	Britton-Deerfield	4.000	73rd	
10	Bendall	Lena	12th	Bath	4.000	93rd	
11	Bolda	Jaimie	11th	Ubyly	4.000	99th	
12	Brown	Mindy	12th	Southfield Christian	4.000	111th	
13	Richards	Elisha	12th	Beal City	3.991	81st	
14	Hutchins	Tara	11th	Southfield Christian	3.990	78th	
15	Huron	Jessica	11th	Maple City-Glen Lake	3.976	36th	
16	Kreft	Lacey	11th	Rogers City	3.970	31st	
17	Treece	Marissa	10th	Maple City-Glen Lake	3.958	1st	
18	Campbell	Rebecca	10th	G.R. NorthPointe Christian	3.953	21st	
19	Hersha	Bethany	10th	Concord	3.953	102nd	
20	Feldpausch	Rose	10th	Fowler	3.936	63rd	
21	Kamps	Amy	11th	North Muskegon	3.930	80th	
22	Burgess	Jordyn	10th	Mayville	3.925	77th	
23	Gross	Sarah	11th	Beal City	3.918	115th	
24	MacKenzie	Christina	12th	Luthern Westland	3.895	95th	
25	Boltz	Kristy	11th	Concord	3.885	58th	
26	McCormick	Emily	12th	Bath	3.859	64th	
27	Tennis	Samantha	10th	Hudson	3.857	109th	
28	Dinsmore	Kari	10th	Mesick	3.852	60th	
29	Looker	Lindsay	12th	Rochester Hills Luthern N.W.	3.818	82nd	
30	Troutt	Heather	12th	Hudson	3.809	114th	
31	Brunner	Eileen	12th	Mt. Pleasant Sacred Heart	3.788	92nd	

## 2004 Cross Country GIRLS

## Academic All-State TEAMS

## Division 4

<u>Teams with a 3.500 or above receive 7 certificates</u>			
	TEAM RANKINGS - GIRLS	G.P.A.	Race Place
1	Ottawa Lake-Whiteford	4.000	24th
2	Maple City-Glen Lake	3.930	10th
3	Bath	3.927	13th
4	Southfield Christian	3.920	2nd
5	Luthern Westland	3.857	12th
6	Hudson	3.8	9th
7	Saginaw Michigan Luthern Seminary	3.794	18th
8	Fowler	3.790	15th
9	Beal City	3.77	16th
10	Centreville	3.74	26th
11	Rogers City	3.73	14th
12	Hartford	3.7	25th
13	Traverse City St. Francis	3.59	6th
14	Auburn Hills Oakland Christian	3.56	27th
<b>-Teams with a g.p.a. over 3.000 but less than 3.500 receive two certificates</b>			
15	Lawrence	3.465	20th
16	Concord	3.41	19th

UPPER PENINSULA CROSS COUNTRY  
GIRLS DIVISION I

ACADEMIC ALL STATE

TEAMS

Gladstone	3.994
Kingsford	3.834
Calumet	3.636
Sault Ste. Marie	3.576
Escanaba	3.435

INDIVIDUAL

Hayley Ford	12	4.000	Gladstone
Meghan Sheridan	11	4.000	Houghton
Erica Tauzer	11	4.000	Gladston
Kaili Walker	12	4.000	Gladstone
Danielle Mitchell	11	3.990	Kingsford
Karen Jarvey	12	3.987	Calumet
Ashley Nyenhuis	12	3.974	Gladston
Sandra Day	10	3.833	Sault Ste. Marie
Sara Storm	10	3.831	Marquette
Stephanie Day	10	3.750	Sault Ste. Marie
Stephanie Ostrenga	12	3.713	Escanaba
Kylee St. Arnauld	10	3.706	Marquette
Megan McConnell	11	3.630	Kingsford
Ashlee Andrews	10	3.529	Sault Ste. Marie
Alisha Hamill	10	3.520	Kingsford
Charlotte Delorey	12	3.508	Marquette
Karen Koljonen	11	3.501	Calumet

UPPER PENINSULA CROSS COUNTRY  
BOYS DIVISION 1

ACADEMIC ALL STATE

TEAMS

Sault Ste. Marie	3.835
Gladstone	3.812
Calumet	3.793
Marquette	3.411

INDIVIDUAL:

Kevin Thompson	10	3.974	Gladstone
Jared Helminen	10	3.973	Calumet
Ben Montgomery	11	3.941	Marquette
Keith Izleminen	10	3.918	Calumet
Stuart Chipinan	10	3.917	Sault Ste. Marie
Chris Davis	12	3.914	Gladstone
Ryan Gleason	11	3.907	Sault Ste. Marie
Walter Bennette	12	3.899	Sault Ste. Marie
Paul Demay	10	3.894	Gladstone
John Sullivan	12	3.881	Kingsford
Alvin Moore	12	3.694	Gladstone
Tim Sliva	10	3.643	Hough ton
Tyier Gage	11	3.577	Sault Ste. Marie

UPPER PENINSULA CROSS COUNTRY  
 GIRLS DIVISION 2  
 ACADEMIC ALL STATE

Ishpeming-Westwood	3.906
Newberry	3.884
Ishpeming	3.741
St. Ignace-LaSalle	3.735
Rudyard	3.675

INDIVIDUAL:

Andrea Ronquist	10	4.000 Newberry
Sandy Turay	11	4.000 Ishpeming-Westwood
Greta McCartney	12	3.984 Ishpeming-Westwood
Sara English	10	3.976 Rudyard
Traci Marra	12	3.947 Ishpeming-Westwood
Amanda Newlin	10	3.929 Stephenson
Kate Annala	11	3.917 Ishpeming-Westwood
Christine Mishica	10	3.917 Hancock
Ashley Zahorik	12	3.895 Stephenson
Alison Beckman	10	3.881 Ironwood
Jennifer Leppanen	10	3.806 Ishpeming
Chelcee Tiernan	11	3.738 St. Ignace-LaSalle
Rachel Ronquist	12	3.728 Newberry
Alisha Thompson	10	3.595 Rudyard
Charlotte Folkersma	12	3.531 Rudyard
Heather Newlin	12	3.526 Stephenson

UPPER PENINSULA CROSS COUNTRY  
 BOYS DIVISION 2  
 ACADEMIC ALL - STATE

TEAMS

Ishpeming-Westwood	3.620
Ishpeming	3.619
Rudyard	3.158

INDIVIDUAL:

Ryan Tusardi	11	3.964 Ishpeming
Kirk Rooper	10	3.929 Ishpeming-Westwood
Trent Anguston	11	3.917 Hancock
Cody Sandahl	12	3.833 Stephenson
Mark Kinnunen	11	3.810 Munising
Christopher Dix	12	3.754 Ishpeming
Scott Racine	12	3.711 Ishpeming
Sean Palo	12	3.588 Ishpeming
David Cappaert	11	3.577 Stephenson
Sean Beckman	12	3.550 Ironwood
Matthew Sundberg	10	3.538 Ishpeming-Westwood

UPPER PENINSULA CROSS COUNTRY  
GIRLS DIVISION 3  
ACADEMIC ALL - STATE

TEAMS

Pickford	3.926
Superior Central	3.871
Carney-Nadeau	3.842
Rapid River	3.684
Cedarville	3.505

INDIVIDUAL

Laura Kangas	12	4.000	Chassell
KayLynn Portice	10	4.000	Pickford
Stephanie Savoie	11	4.000	Pickford
Lindsay Bawks	10	3.979	Pickford
Michelle Giesel	11	3.962	Rapid River
Michelle hail	11	3.925	Rapid River
Lauren Izzard	11	3.872	Cedarville
Meghan Marcisek	11	3.850	Carney-Nadeau
Liz Daavettilla	11	3.820	Painesdale-Jeffers
Laurie Tuinstra	12	3.760	Carney-Nadeau
Tiffany Jenkins	12	3.740	Carney-Nadeau
Jana Kilpela	12	3.714	Painesdale-Jeffers
Lindsay McLeod	10	3.644	Cedarville
Kara Griffin	10	3.548	Cedarville
Lauren Marshall	10	3.500	Rapid River

UPPER PENINSULA CROSS COUNTRY  
BOYS DIVISION 3  
ACADEMIC ALL STATE

Painesdale-Jeffers	3.796
Pickford	3.719
Superior Central	3.283
Carney-Nadeau	2.996

INDIVIDUAL:

Chad Schlosser	11	3.940	Cedarville
David Kilpela	10	3.898	Painesdale-Jeffers
Carl Morrison	12	3.378	Pick ford
Cody Juntikka	12	3.797	Painesdale-Jeffers
Kris Niva	12	3.781	Painesdale-Jeffers
Joe Mohonen	12	3.736	Painesdale-Jeffers
Casey Seppanen	11	3.500	Superior Central